

UGANDA ATHLETICS FEDERATION
National Cross Country Championships
February 8th, 2020
at Golf Course, Tororo district

Junior Women

Pos	BIB	NAME	Affiliation	Time
1	167	Chesang Prisca	UWA	20:41.7
2	168	Chelangat Rebecca	Athletics Cascina	20:55.8
3	-	Chesang Annet	UWA	21:08.3
4	192	Cheptoyek Joy	Arua	21:22.2
5	222	Chepkwemoi Teddy	KCCA	21:29.6
6	-	Chepkwemboi Sharon	UWA	21:32.1
7	223	Chelangat Leah	KCCA	21:35.4
8	169	Cherop Rispa	Prisons	21:42.2
9	-	Chepkwemboi Esther Yeko	Police	21:46.5
10	204	Mande Ruth	Arua	21:50.9
11	205	Cherop Levi	Noah's Ark	21:59.4
12	220	Chebet Gloria	KCCA	22:13.4
13	-	Chemutai Mercy	Kapchorwa	22:31.5
14	226	Mande Rebecca	KCCA	22:38.1
15	190	Chelimo Angeline	UAFA	22:40.6
16	275	Chebet Scarlett	Police	22:42.9
17	274	Chebet Saibi	Police	22:44.5
18	234	Chemusto Karen	Arua	22:45.9
19	224	Chemutai Deborah	KCCA	23:09.8
20	201	Kissa Nester	Home of talents	23:10.6
21	232	Asimit Grace	Arua	23:21.8
22	202	Chebet Aisha	Arua	23:26.9
23	221	Chebet Sarah	KCCA	23:30.2
24	-	Chelangat Ariziki	UAFA	23:30.4
25	197	Amanya Dorothy	Kanungu	24:11.1
26	233	Chebet Stella	Arua	24:18.9
27	203	Chebet Brenda	Noah's Ark	24:53.4
28	-	Kiisa Lobisa	Prisons	24:59.6
29	276	Chepkwemboi Abigael	Police	25:27.5
30	193	Chekwemoi Joy	Arua	25:46.5
31	-	Chemutai Nester	Police	26:06.4
32	191	Tumwebaze Olga	Rukungiri	26:10.5
33	235	Chekwemoi Sicola	Arua	26:29.5
34	107	Aciro Josephine	Lords Meade	26:46.4
35	196	Aharizira Desire	Kanungu	26:47.5
36	110	Lalam Emmy	Lords Meade	27:18.5

Junior Men

Pos	BIB	NAME	Affiliation	Time
1	246	Kibet Samuel	Arua	23:15.2
2	044	Chepkwemoi J. Mathew	Police	23:52.3
3	283	Chemutai Leonard	KCCA	24:11.2
4	240	Chebet Dan	Arua	24:13.3
5	025	Kiplangat Joel	Police	24:19.5
6	032	Kiplangat Denis	KCCA	24:27.2
7	047	Kiprotich Martin	Police	24:35.3
8	178	Niyonzima Oscar	UAFA	24:41.8
9	247	Ndiwa Toroitich	Arua	24:49.3
10	08	Mutai Ezekiel	Prisons	24:57.2
11	213	Kibet Rogers	KCCA	25:01.2
12	245	Chelimo Kiptoo	Arua	25:08.2
13	180	Boch Silas	UWA	25:08.5
14	216	Kwemoi Filex	KCCA	25:20.2
15	045	Sunday Silas	Police	25:27.4
16	104	Kiprotich Michael	UAFA	25:27.6
17	-	Nyeko Charles	Kapchorwa	25:34.3
18	278	Limo Jacob	Standard	25:39.3
19	258	Chemutai Jacob	Standard	25:39.8
20	070	Yeko Dismas	UWA	25:42.4
21	063	Kibet Benjamin	Kalenjin Skys	25:44.4
22	238	Kwemoi Jared	Arua	25:52.2
23	115	Chemutai Samuel	UWA	25:54.5
24	177	Kiptoo Victor	UAFA	25:55.6
25	287	Kibet Kenneth	KCCA	25:57.9
26	239	Ayeko Caleb	Arua	26:01.7
27	182	Okia Alexander	UWA	26:03.7
28	-	Mutai Kevin	Arua	26:06.7
29	150	Cherukut Milton	Home of talents	26:08.1
30	-	Chemusto Eric	Kapchorwa	26:15.2
31	027	Kwemboi Ezekiel	Police	26:19.2
32	058	Kipsang Simon	Kalenjin Skys	26:20.1
33	055	Toroitich Abraham	Kalenjin Skys	26:20.4
34		Kipsang Jonath	Police	26:23.3
35	174	Kibet Solomon	Prisons	26:25.0
36	241	Sande Lawrence	Arua	26:29.1
37	320	Kiplangat Ibrahim	Kapchorwa	26:38.6
38	057	Rotich Levi	Kalenjin Skys	26:42.6
39	149	Kiplimo Isaac	Home of talents	26:52.9
40	048	Chepkwui Joshua	Police	26:57.2
41	179	Siwa Elliot	UWA	26:59.4
42	030	Cheptoyek Enock	Police	27:01.8
43	064	Yeshe Fred	Kalenjin Skys	27:03.8
44	031	Wandera Mubarak	Bunyole West	27:05.1
45	062	Swaibi Caleb	Kalenjin Skys	27:06.3

46	071	Chelangat Caleb	Prisons	27:11.6
47	056	Chemusto Nathan	Kalenjin Skys	27:14.7
48	105	Kiprotich Allan	Arua	27:17.9
49	028	Komom Chrispus	Police	27:24.5
50	014	Kusuro Victor Salim	Busitema	27:28.9
51	065	Kiplangat Jacob	Kalenjin Skys	27:33.4
52	172	Chelimo Thomas	Prisons	27:33.7
53	293	Yeko Godwin	KCCA	27:46.4
54	038	Odolon Isaac	Soroti	27:48.8
55	249	Ampereza Anthony	Kanungu	27:58.8
56	215	Chemutai Allan	KCCA	28:19.4
57	046	Kwemoi Enock	Police	28:21.5
58	146	Ochora Reagan	Lords Meade	28:26.2
59	-	Engwanyu Silas	Soroti	28:36.9
60	089	Nashango James	Bunyole West	28:48.5
61	-	Okecho Robert	Bunyole West	28:57.3
62	085	Paka Rodgers	Bunyole West	28:58.5
63	-	Obbo Jeremiah	Bunyole West	29:11.5
64	145	Kodiwa Stephen	Lords Meade	29:12.5
65	147	Okeny Lawrence	Lords Meade	29:13.7
66	097	Nabireba Erisha	Iganga TVSS	29:28.9
67	090	Ochieng Isaac	Bunyole West	29:31.9
68	-	Baguma Michael	Airforce	29:36.3
69	-	Byabagambi Kadili	Mbarara	29:43.2

Senior Women

Pos	BIB	NAME	Affiliation	Time
1	295	Chesang Doreen	UWA	34:12.6
2	136	Chebet Esther	Prisons	34:17.5
3	157	Chemutai Peruth	Police	34:28.7
4	130	Chemutai Doreen	Prisons	34:32.4
5	161	Chemusto Janat	Police	35:09.3
6	198	Chemos Viola Muneria	Arua	35:19.4
7	131	Chelangat Shauline	Prisons	36:28.9
8	139	Ajok Docus	Prisons	36:37.9
9	-	Chemengich Annet	Arua	37:13.0
10	153	Chekwemoi Patricia	Police	37:19.2
11	260	Cheptegei Rebecca	UPDF	37:36.5
12	195	Chemutai Phanice	Arua	37:59.7
13	129	Chemutai Vanis	Prisons	38:16.2
14	139	Amuron Agnes	Prisons	38:20.9
15	138	Chebet Rispa	Prisons	38:45.6
16	134	Chebet Joan	Prisons	39:08.1
17	135	Cheruto Jackline	Prisons	39:57.4
18	054	Cherotich Charity	Kalenjin Skys	42:20.9
19	02	Cherukut Hellen	Kapchorwa	42:21.4
20	096	Nasasira Evas	Makerere	42:53.3
21	279	Chemutai Evelyn	KCCA	43:48.3
22	199	Aineomugisha Lillian	Kasese	44:11.1
23	053	Cherop Vicky	Kalenjin Skys	44:36.6
24	133	Chemutai Hellen	Prisons	46:09.7
25	194	Asimire Bonitah	Rukungiri	46:39.6

Senior Men

Pos	BIB	NAME	Affiliation	Time
1	082	Kiplangat Hosea	Prisons	29:53.5
2	018	Chemutai Albert	Athletics Club 96 Alpheria	29:54.6
3	080	Kibet Kevin	Prisons	29:59.9
4	122	Kusuro Geoffrey	UWA	30:04.5
5	079	Kibet Isaac	Prisons	30:06.5
6	128	Kiprotich Levi	Alpha	30:14.2
7	123	Kwemoi Salim	UWA	30:14.9
8	-	Chebet Abel	Police	30:23.4
9	-	Kibet Moses	KCCA	30:27.9
10	077	Wakana Nelson	Prisons	30:32.5
11	-	Soyekwo Kibet	KCCA	30:47.8
12	019	Chemonges Filex	Prisons	30:50.4
13	264	Ayeko Joel	KCCA	30:53.0
14	-	Chepkorom Ezekiel	UPDF	30:56.0
15	-	Chemutai Elisha	Police	31:01.4
16	214	Kibet Oscar	KCCA	31:05.3
17	-	Cherotich Denis	UWA	31:07.0
18	-	Cherop Alex	Police	31:10.4
19	083	Somikwo Ben Chelimo	Prisons	31:16.2
20	119	Chebures Ali	UWA	31:20.4
21	084	Kiplimo Phillip	Prisons	31:24.9
22	-	Kwemoi Victor	Police	31:28.9
23	081	Kwemoi Titus Given	Prisons	31:33.3
24	-	Chemonges Leonard	Police	31:33.8
25	-	Boshi Silas	Police	31:36.4
26	140	Kosgei Issa	Prisons	31:36.8
27	117	Solimo David Chelangat	UWA	31:38.7
28	-	Sikowo Boniface Abel	Police	31:40.4
29	265	Cheptoyek Patrick	UPDF	31:49.1
30	042	Sondit Edmond	Prisons	31:49.3
31	290	Kiprop Moses	KCCA	31:54.0
32	-	Ochieng Julius	Prisons	31:54.3
33	-	Kiptoyek Laban	KCCA	31:56.4
34	291	Mutai Alex	KCCA	32:05.3
35	013	Mayanja Abu	UWA	32:06.3
36	-	Sali Denis	Police	32:09.1
37	-	Kiptoyek Alfred	UWA	32:13.4
38	212	Chemutai Timothy	Arua	32:22.5
39	267	Mangusho Benson	UPDF	32:24.9
40	244	Kiprop Solomon	Arua	32:28.2

41	078	Kibet Difas	Prisons	32:30.8
42	-	Mangusho Joshua	Police	32:38.3
43	027	Ayeko Anthony	Arua	32:38.8
44	-	Chebet Michael	Police	32:44.8
45	263	Chemonges Fredrick	UPDF	32:49.5
46	271	Biryomumisho Mark	Kabale	32:55.0
47	07	Kamekete Shadrack	Alpha	32:57.2
48	253	Matui Moses	Arua	32:59.2
49	206	Alini Ponsious	Arua	33:06.0
50	-	Chemutai Sam	Police	33:07.7
51	069	Turinawe Ambrose	Kabale	33:13.0
52	262	Ayeko Simon	UPDF	33:21.6
53	039	Opio Gusberito	St. Kizito, Mbarara	33:25.2
54	-	Chemusto Martin	Police	33:26.5
55	248	Agotere Primo	Airforce	33:28.8
56	-	Siwa Moses Kinga	Police	33:29.0
57	-	Chebet Alex Mukung	Police	33:31.4
58	126	Cheptai Patrick	Alpha	33:31.8
59	071	Chebet Eliud	Ndejje	33:36.4
60	282	Chemutai Alex	KCCA	33:39.0
61	-	Mwanga Simon	Police	33:50.0
62	-	Kiplangat Joshua	Arua	33:57.9
	-	Chemos Denis	Police	34:05.3
64	094	Ssesanga Hakim	Makerere	34:39.1
65	211	Chelimo Dismas	Arua	34:43.6
66	272	Katureebe Edson	Ibanda	35:03.6
67	-	Kwemboi Milton	Police	35:13.4
	-	Opio Peter	Tororo	35:48.3
69	067	Kimutai David	Kalenjin Skys	35:36.3
	251	Kissa Joel	Arua	36:05.3
71	095	Wangwe Brian	Makerere	36:28.5
72	-	Guma Patrick	Airforce	37:07.4
73	-	Giria Moses	Arua	37:27.9
74	-	Sikorira Martin	Airforce	37:43.3
75	268	Kamusiime Alex	Kanungu	37:57.7
76	270	Nawulira Davis	Kanungu	38:28.8
77	269	Mwesigwa Julius	Kanungu	38:33.2
78	03	Ogit Francis	Kakira	39:14.7
79	277	Namatiri Hakim	Entebbe	40:16.7
80	-	Musani Michael	Police	40:54.1

Mixed Relays - Women

Pos	BIB	NAME	Affiliation	Time
1		Aciru Knight	Prisons	
2		Chelangat Sylvia	Police	
3		Chemutai Belinda	Prisons	
4		Chelimo Melly	Prisons	
5		Chemutai Febia	Police	
6		Nakato Jennifer	Makerere	
7		Nabirye Nasiba	UWA	
8		Wonruku Stella	Prisons	
9		Changweny Pamela	Ndejje	

Mixed Relays - Men

Pos	BIB	NAME	Affiliation	Time
1		Akwech Peter	Prisons	
2		Kiprop Daniel	Prisons	
3		Kipsisey David	Prisons	
4		Etiau Rashid	UWA	
5		Wabutwa Farid	UWA	
6		Chelimo Calvin	UWA	
7		Otim Emmanuel	Makerere	
8		Emong David	Prisons	
9		Dradiga Tom	UWA	
10		Rubangakene Ronald	Gulu City	
11		Twijukye Wickson	Ndejje	
12		Apenyo Bekele	Ndejje	