

UGANDA ATHLETICS FEDERATION (UGA)

NATIONAL TRACK & FIELD CHAMPIONSHIPS 2022

June 24th - 25th, 2022 - Mandela National Stadium

Women

100m Women Final

Wind: 0.9m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	412	Nyamahunge Jacent	Uganda Police Athletics Club	11.56
2	5	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	12.27
3	6	540	Acen Rose Mary	UPDF Athletics Club	12.66
4	3	161	Anguparu Pamela	Kyambogo University Athletics Club	12.81
5	7	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	12.97
6	8	427	Unyutfhua Mary Zwadi	Uganda Police Athletics Club	12.97
7	2	577	Idwara Penina	UPDF Athletics Club	13.08
8	1	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	13.38

100m Women Semi Final 1

Wind: 1.2m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	412	Nyamahunge Jacent	Uganda Police Athletics Club	11.33 NR
2	4	540	Acen Rose Mary	UPDF Athletics Club	12.49
3	3	161	Anguparu Pamela	Kyambogo University Athletics Club	12.71
4	7	117	Kangume Joan	Kabarole District Ath.Association	13.73
5	6	214	Ayiorwoth Flavia	Nampunge C. H. SCH. ATH. CLUB	14.20
	2	240	Sony Zulaika	Nampunge C. H. SCH. ATH. CLUB	DQ
	1	434	Abuk Brenda	Uganda Prisons Athletics Club	DNS
	8	133	Namatovu Clare	Kampala Kids Academy Ath. Club	DNS

100m Women Semi Final 2

Wind: 1.9m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	12.22
2	3	427	Unyutfhua Mary Zwadi	Uganda Police Athletics Club	12.99
3	2	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	13.28
4	7	177	Apuya Christabella	Makindye Municipal Ath. Association	13.46
5	6	233	Nyapolo Charity	Nampunge C. H. SCH. ATH. CLUB	13.84
6	4	248	Akanyo Theopista	Ndejje University Athletics Club	13.86
7	1	475	Kobusingye Jolly Leticia	Uganda Prisons Athletics Club	14.06
	8	328	Yamusobo Janat	Tororo District Ath.Association	DNS



100m Women Semi Final 3**Wind: 2.4m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	2	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	12.77
2	7	577	Idwara Penina	UPDF Athletics Club	12.91
3	4	028	Asinduru Brenda	Arua Municipal Ath. Association	13.34
4	6	445	Akello Gloria Ocen	Uganda Prisons Athletics Club	13.81
5	1	311	Amaitit Everlyn Manjeri	Tororo District Ath.Association	14.01
6	3	289	Amony Sharon	Standard High Zana Ath.Club	14.30
7	5	284	Abbo Sophia	Standard High Zana Ath.Club	14.42
8	8	450	Apolo Eunice	Uganda Prisons Athletics Club	14.43

100m Women Round 1 Heat 1**Wind: 2.6m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	540	Acen Rose Mary	UPDF Athletics Club	12.80
2	1	427	Unyutfhua Mary Zwadi	Uganda Police Athletics Club	12.91
3	4	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	12.97
4	6	224	Nakiwala Bridjet	Nampunge C. H. SCH. ATH. CLUB	16.51
	2	271	Nessia Aminah	Old Kampala S.S Athletics Club	DNS
	5	046	Cheruto Asha	Gulu university Athletics Club	DNS
	7	272	Nsubuga Tamasha	Old Kampala S.S Athletics Club	DNS

100m Women Round 1 Heat 2**Wind: -0.7m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	161	Anguparu Pamela	Kyambogo University Athletics Club	13.08
2	2	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	13.33
3	4	289	Amony Sharon	Standard High Zana Ath.Club	14.60
4	3	434	Abuk Brenda	Uganda Prisons Athletics Club	15.16
5	7	230	Nasolo Lailah	Nampunge C. H. SCH. ATH. CLUB	16.99
	5	203	Badaru Mercy	Mubs Athletics Club	DNS
	6	270	Mbabazi Peace Teopista	Old Kampala S.S Athletics Club	DNS

100m Women Round 1 Heat 3**Wind: 0.1m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	412	Nyamahunge Jacent	Uganda Police Athletics Club	11.89
2	2	248	Akanyo Theopista	Ndejje University Athletics Club	14.07
3	4	311	Amaitit Everlyn Manjeri	Tororo District Ath.Association	14.25
4	7	228	Namuvubi Sylvia	Nampunge C. H. SCH. ATH. CLUB	15.24
	3	265	Aber Samsa	Old Kampala S.S Athletics Club	DNS
	5	269	Awelo Mukasa Fiona	Old Kampala S.S Athletics Club	DNS
	6	208	Kobusingye Salaama	Nalinya Lwantale G. SS Ath. Club	DNS



100m Women Round 1 Heat 4**Wind: 3.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	12.33
2	5	028	Asinduru Brenda	Arua Municipal Ath. Association	13.51
3	2	214	Ayiorwoth Flavia	Nampunge C. H. SCH. ATH. CLUB	14.16
4	6	475	Kobusingye Jolly Leticia	Uganda Prisons Athletics Club	14.20
5	3	284	Abbo Sophia	Standard High Zana Ath.Club	14.68
6	8	245	Uwingabire Ritah	Nampunge C. H. SCH. ATH. CLUB	16.20
	4	268	Akongo Justine Joy	Old Kampala S.S Athletics Club	DNS
	7	179	Namuli Aidah	Makindye Municipal Ath. Association	DNS

100m Women Round 1 Heat 5**Wind: -0.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	117	Kangume Joan	Kabarole Disrict Ath.Association	13.73
2	1	233	Nyapolo Charity	Nampunge C. H. SCH. ATH. CLUB	13.91
3	5	445	Akello Gloria Ocen	Uganda Prisons Athletics Club	14.07
4	8	133	Namatovu Clare	Kampala Kids Academy Ath. Club	14.80
5	6	177	Apuya Christabella	Makindye Municipal Ath. Association	14.89
6	3	440	Adongo Kevin Kay	Uganda Prisons Athletics Club	15.13
	2	526	Oroma Emmanuella	Uganda Wildlife Authority Ath. Club	DNS
	4	264	Abalo Sandra	Old Kampala S.S Athletics Club	DNS

100m Women Round 1 Heat 6**Wind: 3.2m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	577	Idwara Penina	UPDF Athletics Club	12.95
2	3	328	Yamusobo Janat	Tororo District Ath.Association	13.56
3	5	450	Apolo Eunice	Uganda Prisons Athletics Club	14.28
4	8	240	Sony Zulaika	Nampunge C. H. SCH. ATH. CLUB	14.30
5	7	225	Nalubega Joanitah	Nampunge C. H. SCH. ATH. CLUB	15.24
	1	304	Gamba Mildred	TBAC Athletics Club	DNS
	2	273	Nyawere Christine	Old Kampala S.S Athletics Club	DNS
	4	266	Aciro Prossy	Old Kampala S.S Athletics Club	DNS

200m Women Final**Wind: -0.2m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	412	Nyamahunge Jacent	Uganda Police Athletics Club	23.71
2	5	370	Banura Maureen Akiiki	Uganda Police Athletics Club	24.86
3	3	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	24.87
4	6	273	Nyawere Christine	Old Kampala S.S Athletics Club	24.93
5	7	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	26.46
6	8	161	Anguparu Pamela	Kyambogo University Athletics Club	26.48
7	2	264	Abalo Sandra	Old Kampala S.S Athletics Club	26.57
8	1	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	27.41



200m Women Semi Final 1**Wind: 2.6m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	370	Banura Maureen Akiiki	Uganda Police Athletics Club	24.64
2	5	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	24.95
3	6	264	Abalo Sandra	Old Kampala S.S Athletics Club	26.20
4	3	269	Awelo Fiona Mukasa	Old Kampala S.S Athletics Club	26.97
5	2	270	Mbabazi Peace Teopista	Old Kampala S.S Athletics Club	27.82
6	8	214	Ayiorwoth Flavia	Nampunge C. H. SCH. ATH. CLUB	30.94
	7	208	Kobusingye Salaama	Nalinya Lwantale G. SS Ath. Club	DNS
	1	179	Namuli Aidah	Makindye Municipal Ath. Association	DNS

200m Women Semi Final 2**Wind: 0.5m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	412	Nyamahunge Jacent	Uganda Police Athletics Club	23.75
2	5	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	26.39
3	6	577	Idwara Penina	UPDF Athletics Club	26.71
4	1	271	Nessia Aminah	Old Kampala S.S Athletics Club	27.80
5	3	302	Jenifer Namuwonge	Standard High Zana Ath.Club	28.19
6	2	117	Kangume Joan	Kabarole Disrict Ath.Association	28.26
	7	028	Asinduru Brenda	Arua Municipal Ath. Association	DNS
	8	065	Gloria Akanyo	Inzikuru Sports Academy Ath. Club	DNS

200m Women Semi Final 3**Wind: 0.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	273	Nyawere Christine	Old Kampala S.S Athletics Club	25.38
2	6	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	26.95
3	5	161	Anguparu Pamela	Kyambogo University Athletics Club	27.51
4	2	233	Nyapolo Charity	Nampunge C. H. SCH. ATH. CLUB	28.95
5	1	240	Sony Zulaika	Nampunge C. H. SCH. ATH. CLUB	29.35
6	7	311	Amaitit Everlyn Manjeri	Tororo District Ath.Association	29.37
7	8	265	Aber Samsa	Old Kampala S.S Athletics Club	30.60
	3	069	Nancy Akong	Inzikuru Sports Academy Ath. Club	DNS

200m Women Round 1 Heat 1**Wind: -0.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	161	Anguparu Pamela	Kyambogo University Athletics Club	26.69
2	6	577	Idwara Penina	UPDF Athletics Club	27.0
3	5	270	Mbabazi Peace Teopista	Old Kampala S.S Athletics Club	28.0
4	3	240	Sony Zulaika	Nampunge C. H. SCH. ATH. CLUB	29.5
5	2	214	Ayiorwoth Flavia	Nampunge C. H. SCH. ATH. CLUB	29.7
6	7	227	Namaweje Shadiah	Nampunge C. H. SCH. ATH. CLUB	34.2
	1	133	Namatovu Clare	Kampala Kids Academy Ath. Club	DNS



200m Women Round 1 Heat 2

Wind: 0.0m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	476	Koli Evaline Ocen	Uganda Prisons Athletics Club	25.7
2	5	211	Anamu Vicky	Nampunge C. H. SCH. ATH. CLUB	26.7
3	3	213	Avako Joyce	Nampunge C. H. SCH. ATH. CLUB	26.9
4	6	269	Awelo Mukasa Fiona	Old Kampala S.S Athletics Club	27.5
5	1	117	Kangume Joan	Kabarole Disrict Ath.Association	29.0
6	2	233	Nyapolo Charity	Nampunge C. H. SCH. ATH. CLUB	29.3
7	7	226	Nalwoga Grace	Nampunge C. H. SCH. ATH. CLUB	32.7

200m Women Round 1 Heat 3

Wind: -0.8m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	412	Nyamahunge Jacent	Uganda Police Athletics Club	25.3
2	5	208	Kobusingye Salaama	Nalinya Lwantale G. SS Ath. Club	29.0
3	8	070	Nyerere Oliver	Inzikuru Sports Academy Ath. Club	31.9
	1	445	Akello Gloria Ocen	Uganda Prisons Athletics Club	DNS
	2	219	Kobusinge Phiona	Nampunge C. H. SCH. ATH. CLUB	DNS
	4	046	Cheruto Asha	Gulu university Athletics Club	DNS
	6	268	Akongo Justine Joy	Old Kampala S.S Athletics Club	DNS
	7	230	Nasolo Lailah	Nampunge C. H. SCH. ATH. CLUB	DNS

200m Women Round 1 Heat 4

Wind: -0.3m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	028	Asinduru Brenda	Arua Municipal Ath. Association	28.0
2	7	311	Amaitit Everlyn Manjeri	Tororo District Ath.Association	29.4
3	8	065	Gloria Akanyo	Inzikuru Sports Academy Ath. Club	30.0
4	2	265	Aber Samsa	Old Kampala S.S Athletics Club	30.4
	3	228	Namuvubi Sylvia	Nampunge C. H. SCH. ATH. CLUB	DNS
	4	526	Oroma Emmanuella	Uganda Wildlife Authority Ath. Club	DNS
	6	203	Badaru Mercy	Mubs Athletics Club	DNS

200m Women Round 1 Heat 5

Wind: 0.1m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	273	Nyawere Christine	Old Kampala S.S Athletics Club	25.3
2	3	264	Abalo Sandra	Old Kampala S.S Athletics Club	26.5
3	5	302	Namuwonge Jennifer	Standard High Zana Ath.Club	28.5
4	8	069	Nancy Akong	Inzikuru Sports Academy Ath. Club	28.8
5	2	179	Namuli Aidah	Makindye Municipal Ath. Association	29.9
	1	540	Acen Rose Mary	UPDF Athletics Club	DNS
	4	067	Nahabwe Olivia	Inzikuru Sports Academy Ath. Club	DNS
	7	225	Nalubega Joanitah	Nampunge C. H. SCH. ATH. CLUB	DNS



200m Women Round 1 Heat 6

Wind: 0.1m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	370	Banura Maureen Akiiki	Uganda Police Athletics Club	24.8
2	5	271	Nessia Aminah	Old Kampala S.S Athletics Club	27.9
3	2	177	Apuya Christabella	Makindye Municipal Ath. Association	31.6
	1	068	Nakato Joan	Inzikuru Sports Academy Ath. Club	DNS
	3	224	Nakiwala Bridjet	Nampunge C. H. SCH. ATH. CLUB	DNS
	6	063	Aber Patricia	Inzikuru Sports Academy Ath. Club	DNS
	7	291	Babwona Asha	Standard High Zana Ath.Club	DNS
	8	245	Uwingabire Ritah	Nampunge C. H. SCH. ATH. CLUB	DNS

400m Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	426	Shida Leni	Uganda Police Athletics Club	52.91
2	5	370	Banura Maureen Akiiki	Uganda Police Athletics Club	54.78
3	4	410	Nanziri Emily	Uganda Police Athletics Club	55.73
4	2	287	Akello Priscilla Onyanga	Standard High Zana Ath.Club	58.00
5	6	444	Ajok Joyce	Uganda Prisons Athletics Club	59.19
6	7	291	Babwona Asha	Standard High Zana Ath.Club	1:00.01
7	1	043	Abeja Dorothy	Gulu university Athletics Club	1:00.69
8	8	451	Biryeri Evelyn	Uganda Prisons Athletics Club	1:01.34

400m Women Semi Final 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	426	Shida Leni	Uganda Police Athletics Club	57.33
2	2	291	Babwona Asha	Standard High Zana Ath.Club	1:00.63
3	4	451	Biryeri Evelyn	Uganda Prisons Athletics Club	1:01.43
4	6	219	Kobusinge Phiona	Nampunge C. H. SCH. ATH. CLUB	1:08.94
5	7	172	Nassimbwa Ann Mwebe	Makerere University Athletics Club	1:12.04
6	8	064	Agenrwot Francisca	Inzikuru Sports Academy Ath. Club	1:12.49
	1	067	Nahabwe Olivia	Inzikuru Sports Academy Ath. Club	DNS
	5	302	Namuwonge Jennifer	Standard High Zana Ath.Club	DNS

400m Women Semi Final 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	410	Nanziri Emily	Uganda Police Athletics Club	56.38
2	5	444	Ajok Joyce	Uganda Prisons Athletics Club	1:00.47
3	2	217	Kajumba Margaret	Nampunge C. H. SCH. ATH. CLUB	1:07.09
4	3	319	Chemutai Teddy	Tororo District Ath.Association	1:09.06
5	1	072	Oliver Nyerere	Inzikuru Sports Academy Ath. Club	1:11.17
	6	266	Aciro Prossy	Old Kampala S.S Athletics Club	DNS
	7	226	Nalwoga Grace	Nampunge C. H. SCH. ATH. CLUB	DNS
	8	066	Ijorea Margret	Inzikuru Sports Academy Ath. Club	DNS



400m Women Semi Final 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	370	Banura Maureen Akiiki	Uganda Police Athletics Club	56.92
2	7	287	Akello Priscilla Onyanga	Standard High Zana Ath.Club	58.97
3	6	043	Abeja Dorothy	Gulu university Athletics Club	1:01.32
4	3	160	Nansimbi Rosemary	KIU Athletics Club	1:01.81
5	8	063	Aber Patricia	Inzikuru Sports Academy Ath. Club	1:04.55
6	2	223	Murunga Suzan	Nampunge C. H. SCH. ATH. CLUB	1:05.30
7	1	227	Namaweje Shadiah	Nampunge C. H. SCH. ATH. CLUB	1:15.80
	5	322	Nabuulo Sarah	Tororo District Ath.Association	DNS

800m Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	381	Chemusto Janat	Uganda Police Athletics Club	2:07.56
2	4	436	Aciru Knight	Uganda Prisons Athletics Club	2:07.76
3	5	460	Chemutai Belinda	Uganda Prisons Athletics Club	2:08.50
4	2	080	Chebet Maureen	JOCDEF ATHLETICS CLUB	2:09.93
5	6	322	Nabuulo Sarah	Tororo District Ath.Association	2:12.49
6	1	287	Akello Priscilla Onyanga	Standard High Zana Ath.Club	2:12.66
7	7	252	Ayozu Grace	Ndejje University Athletics Club	2:20.73
8	8	066	Ijorea Margret	Inzikuru Sports Academy Ath. Club	2:21.83

800m Women Semi Final 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	460	Chemutai Belinda	Uganda Prisons Athletics Club	2:06.45
2	6	066	Ijorea Margret	Inzikuru Sports Academy Ath. Club	2:19.32
3	8	287	Akello Priscilla Onyanga	Standard High Zana Ath.Club	2:19.41
4	2	062	Nakato Jaliat	Iganga Town View SS	2:23.14
5	4	541	Ajuko Babra	UPDF Athletics Club	2:26.27
6	1	065	Gloria Akanyo	Inzikuru Sports Academy Ath. Club	2:26.56
7	8	223	Murunga Suzan	Nampunge C. H. SCH. ATH. CLUB	2:28.34
8	7	217	Kajumba Margaret	Nampunge C. H. SCH. ATH. CLUB	2:34.54
9	5	553	Chelankat Ariski	UPDF Athletics Club	2:40.80
	7	508	Chesang Ndiwa	Uganda Wildlife Authority Ath. Club	DNS



800m Women Semi Final 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	322	Nabuulo Sarah	Tororo District Ath.Association	2:10.25
2	1	080	Chebet Maureen	JOCDEF ATHLETICS CLUB	2:11.39
3	7	252	Ayozu Grace	Ndejje University Athletics Club	2:16.20
4	7	294	Hikima Georgina	Standard High Zana Ath.Club	2:20.57
5	8	313	Chebet Daisy	Tororo District Ath.Association	2:29.77
6	2	298	Laker Lucky Okot	Standard High Zana Ath.Club	2:34.26
7	4	390	Cherotich Recho	Uganda Police Athletics Club	2:34.97
8	6	118	Kasemire Jenevieve	Kabarole Disrict Ath.Association	2:40.88
	5	451	Biryeri Evelyn	Uganda Prisons Athletics Club	DNS
	8	163	Abalo Gladys	Lamwo District Athletics Association	DNS

800m Women Semi Final 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	436	Aciru Knight	Uganda Prisons Athletics Club	2:05.18
2	6	381	Chemusto Janat	Uganda Police Athletics Club	2:06.86
3	1	319	Chemutai Teddy	Tororo District Ath.Association	2:20.63
4	7	288	Akullu Ruth	Standard High Zana Ath.Club	2:22.80
5	2	074	Patricia Aber	Inzikuru Sports Academy Ath. Club	2:23.38
6	8	292	Chepkwemoi Vanjaline	Standard High Zana Ath.Club	2:23.52
7	4	127	Gimbo Madinah	Kampala Kids Academy Ath. Club	2:38.53
8	3	116	Kabasinguzi Stella	Kabarole Disrict Ath.Association	2:38.67
9	5	128	Koech Maurine	Kampala Kids Academy Ath. Club	2:38.93
	6	282	Katushabe Jacinicta	Sprinters Sports Academy Ath. Club	DNS

1500m Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1		391	Chesang Prisca	Uganda Police Athletics Club	4:18.76
2		034	Souhra Ali Muhamad	DJIBOUTI	4:28.19
3		387	Cherop Risper	Uganda Police Athletics Club	4:29.16
4		095	Cherop Patience	JOCDEF ATHLETICS CLUB	4:29.21
5		082	Chekwemoi Brenda	JOCDEF ATHLETICS CLUB	4:33.10
6		252	Ayozu Grace	Ndejje University Athletics Club	4:44.31
7		079	Chebet Edith	JOCDEF ATHLETICS CLUB	4:46.30
8		442	Agnes Harriet Amuron	Uganda Prisons Athletics Club	4:47.77
9		107	Yeko Bentalin	JOCDEF ATHLETICS CLUB	5:05.18
10		085	Chekwemoi Finacia	JOCDEF ATHLETICS CLUB	5:09.16
11		087	Chekwemoi Nelly	JOCDEF ATHLETICS CLUB	5:09.98
		148	Chemutai Martha	KCCA Athletics Club	DNS
		158	Apiyo Sharon	Kitgum District Athletics Association	DNS
		294	Hikima Georgina	Standard High Zana Ath.Club	DNS
		608	Yeko Isabella	UPDF Athletics Club	DNS



1500m Women Semi Final 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	14	391	Chesang Prisca	Uganda Police Athletics Club	4:27.91
2	2	387	Cherop Risper	Uganda Police Athletics Club	4:31.02
3	6	079	Chebet Edith	JOCDEF ATHLETICS CLUB	4:38.78
4	10	442	Agnes Harriet Amuron	Uganda Prisons Athletics Club	4:43.46
5	3	148	Chemutai Martha	KCCA Athletics Club	4:45.43
6	12	158	Apiyo Sharon	Kitgum District Athletics Association	4:51.89
7	1	107	Yeko Bentalin	JOCDEF ATHLETICS CLUB	4:58.26
8	5	294	Hikima Georgina	Standard High Zana Ath.Club	5:04.23
9	7	088	Chekwemoi Priscila	JOCDEF ATHLETICS CLUB	5:13.49
10	11	583	Kissa Nasta	UPDF Athletics Club	5:20.98
11	4	222	Midupkwe Jackline	Nampunge C. H. SCH. ATH. CLUB	5:31.85
	8	290	Apong Semmy	Standard High Zana Ath.Club	DNS
	9	374	Chebet Princess	Uganda Police Athletics Club	DNS
	13	505	Chepkwemoi Loice	Uganda Wildlife Authority Ath. Club	DNS
	15	118	Kasemire Jenevieve	Kabarole Disrict Ath.Association	DNS
	16	313	Chebet Daisy	Tororo District Ath.Association	DNS
	17	373	Chebet Miracle	Uganda Police Athletics Club	DNS

1500m Women Semi Final 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	034	Souhra Ali Muhamad	DJIBOUTI	4:26.91
2	1	082	Chekwemoi Brenda	JOCDEF ATHLETICS CLUB	4:32.77
3	10	252	Ayozu Grace	Ndejje University Athletics Club	4:36.20
4	2	095	Cherop Patience	JOCDEF ATHLETICS CLUB	4:36.68
5	7	608	Yeko Isabella	UPDF Athletics Club	5:02.22
6	12	087	Chekwemoi Nelly	JOCDEF ATHLETICS CLUB	5:03.46
7	17	085	Chekwemoi Finacia	JOCDEF ATHLETICS CLUB	5:09.75
8	11	508	Chesang Ndiwa	Uganda Wildlife Authority Ath. Club	5:17.05
9	8	193	Kyomugisha Jane	Mbarara Municipal Ath.Association	5:21.91
	3	329	Cherotich Abigeal	Tuku Afrika Athletics Club	DNS
	4	380	Chemtai Nelly	Uganda Police Athletics Club	DNS
	5	436	Aciru Knight	Uganda Prisons Athletics Club	DNS
	6	462	Chemutai Shendrine	Uganda Prisons Athletics Club	DNS
	9	165	Alanyo Catherine	Makerere University Athletics Club	DNS
	13	359	Anek Salume	Uganda Para Athletics	DNS
	14	549	Chebet Sayibi	UPDF Athletics Club	DNS
	15	250	Aneno Salume	Ndejje University Athletics Club	DNS
	16	381	Chemusto Janat	Uganda Police Athletics Club	DNS

3000m SC Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	505	Chepkwemoi Loice	Uganda Wildlife Authority Ath. Club	10:19.82
2	11	376	Chekwemoi Patricia	Uganda Police Athletics Club	10:45.92



3	2	568	Chepuurui Nancy	UPDF Athletics Club	11:21.16
4	3	148	Chemutai Martha	KCCA Athletics Club	11:30.09
	1	464	Cherotich Regina Nguria	Uqanda Prisons Athletics Club	DNS
	4	158	Apiyo Sharon	Kitgum District Athletics Association	DNS
	5	193	Kyomugisha Jane	Mbarara Municipal Ath.Association	DNS
	6	250	Aneno Salume	Ndejje University Athletics Club	DNS
	8	155	Nadunga Winnie	KCCA Athletics Club	DNS
	9	312	Apio Agnes	Tororo District Ath.Association	DNS
	10	316	Chebet Zumura	Tororo District Ath.Association	DNS



5000m Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	10	391	Chesang Prisca	Uganda Police Athletics Club	15:34.19
2	38	443	Ajok Dorcus	Uganda Prisons Athletics Club	15:41.30
3	26	378	Chelangat Mercylina	Uganda Police Athletics Club	15:45.75
4	15	463	Cherop Rispa	Uganda Prisons Athletics Club	15:47.64
5	31	375	Chebet Scarlet Patrick	Uganda Police Athletics Club	16:21.07
6	23	146	Chelangat Leah	KCCA Athletics Club	16:21.81
7	35	454	Chebet Esther	Uganda Prisons Athletics Club	16:26.31
8	32	456	Chebet Risper	Uganda Prisons Athletics Club	16:37.19
9	17	567	Cheptoyek Ruth	UPDF Athletics Club	16:37.25
10	16	569	Cherop Rebecca	UPDF Athletics Club	16:53.01
11	27	084	Chekwemai Felister	JOCDEF ATHLETICS CLUB	17:02.96
12	33	314	Chebet Lukaiya	Tororo District Ath.Association	17:09.07
13	13	330	Cheruto Nowel	Tuku Afrika Athletics Club	17:12.27
14	29	081	Chekwemai Betra	JOCDEF ATHLETICS CLUB	17:13.60
15	7	088	Chekwemai Priscila	JOCDEF ATHLETICS CLUB	17:24.04
16	12	506	Chesang Annet	Uganda Wildlife Authority Ath. Club	17:24.75
17	24	550	Chekwemai Teddy Simon	UPDF Athletics Club	17:26.69
18	8	343	Kissa Lovisa	UAFA Athletics Club	17:38.87
19	30	316	Chebet Zumura	Tororo District Ath.Association	17:46.11
	7	035	Koranteng Aimee	Entebbe Athletics Club	DNS
	28	083	Chekwemai Charity	JOCDEF ATHLETICS CLUB	DNS
	26	086	Chekwemai Issalah	JOCDEF ATHLETICS CLUB	DNS
	21	092	Chemutai Diana	JOCDEF ATHLETICS CLUB	DNS
	4	155	Nadunga Winnie	KCCA Athletics Club	DNS
	37	165	Alanyo Catherine	Makerere University Athletics Club	DNS
	6	222	Midupkwe Jackline	Nampunge C. H. SCH. ATH. CLUB	DNS
	3	229	Nasanga Nabiirah	Nampunge C. H. SCH. ATH. CLUB	DNS
	19	293	Cheptegei Hilda	Standard High Zana Ath.Club	DNS
	36	312	Apio Agnes	Tororo District Ath.Association	DNS
	2	339	Yeko Grace	Tuku Afrika Athletics Club	DNS
	25	376	Chekwemai Patricia	Uganda Police Athletics Club	DNS
	9	392	Chesang Stella	Uganda Police Athletics Club	DNS
	34	455	Chebet Joan	Uganda Prisons Athletics Club	DNS
	22	503	Chelangat Sarah	Uganda Wildlife Authority Ath. Club	DNS
	11	507	Chesang Doreen	Uganda Wildlife Authority Ath. Club	DNS
	20	560	Chemutai Phanics	UPDF Athletics Club	DNS
	18	566	Cheptoyek Faith	UPDF Athletics Club	DNS
	14	570	Cherop Sisco	UPDF Athletics Club	DNS
	5	591	Monday Ruth	UPDF Athletics Club	DNS
	1	613	Yikparwoth Prisca	Zombo District Athletics Association	DNS



10000m Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	457	Chebet Zena Recheal	Uganda Prisons Athletics Club	32:45.55
2	7	563	Cheptegi Rebecca	UPDF Athletics Club	32:53.23
3	12	507	Chesang Doreen	Uganda Wildlife Authority Ath. Club	33:14.38
4	2	010	Chemos Viola	Arua District Athletics Association	33:32.87
5	8	503	Chelangat Sarah	Uganda Wildlife Authority Ath. Club	33:41.10
6	1	009	Chelangat A. Chemengich	Arua District Athletics Association	34:02.00
7	3	446	Akiror Sarah	Uganda Prisons Athletics Club	34:03.77
8	6	552	Chelangat Pricillia	UPDF Athletics Club	35:23.82
	5	551	Chelangat Drmaris	UPDF Athletics Club	DNF
	9	229	Nasanga Nabiirah	Nampunge C. H. SCH. ATH. CLUB	DNS
	10	343	Kissa Lovisa	UAFA Athletics Club	DNS
	11	456	Chebet Risper	Uganda Prisons Athletics Club	DNS

4 x 100m Relay Women Final

Pos	Lane	Full Names	Affiliation	Time
1	370	Banura Maureen Akiiki	Uganda Police Athletics Club	46.48
	426	Shida Leni		
	427	Unyuthua Mary Zwadi		
	412	Nyamahunge Jacent		
2	312	Apio Agnes	Uganda Prisons Athletics Club	49.46
	444	Ajok Joyce		
	479	Lakot Scovia		
	476	Koli Evelyne		
3	264	Abola sandra	Old Kampala S.S Athletics Club	50.74
	270	Mbabazi Peace Teopista		
	269	Awelo Fiona Mukasa		
		Nyawere Christine		
4	577	Idwara Penina	UPDF Athletics Club	51.91
	541	Ajuko Barbra		
	613	Oyella Kevin Alice		
	540	Acen Rose Mary		
5	291	Babwona Asha	Standard High Zana Ath.Club	53.37
	281	Akello Priscilla		
	289	Amony Sharon		
	302	Jenifer Namuwonge		



	214		Ayiorwoth Flavia	Nampunge.C.H.SCH	54.90
6	213	2	Avako Joyce		
	233		Nyapolo Charity		
	211		Anamu Vicky		

4 x 400m Relay Women Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	2	412	Nyamahunge Jacent	Uganda Police Athletics Club	3:42.98
		370	Banura Maureen Akiiki		
		426	Shida Leni		
		410	Nanziri Emily		
2	4	476	Koli Evelyne Ocen	Uganda Prisons Athletics Club	3:50.73
		444	Ajok Joyce		
		460	Chemutai Belinda		
		264	Aciru Knight		
3	1	291	Babwona Asha	Standard High Zana Ath.Club	4:02.22
		287	Akello Priscilla		
		273	Nyawere Christine		
		288	Akullu Ruth		
4	3	223	Marunga Susan	Nampunge.C.H.SCH	4:21.81
		217	Kajumba Margaret		
		211	Anamu Vicky		
		219	Kobusinge Phiona		



Discus Women Final

Pos	Lane	Bib No.	Name	Affiliation	Distance
1	15	435	Aciro Rose Mary	Uganda Prisons Athletics Club	34.33
2	12	405	Laker Mercy	Uganda Police Athletics Club	33.97
3	19	613	Oyella Kevin Alice	UPDF Athletics Club	33.84
4	3	249	Anek Scovia Olanya	Ndejje University Athletics Club	33.10
5	14	431	Aber Caroline Odwong	Uganda Prisons Athletics Club	31.71
6		165	Alanyo Catherine	Uganda Prisons Athletics Club	31.49
7	11	364	Acan Janneth	Uganda Police Athletics Club	30.24
8	1	024	Angufiru Lydia	Arua Municipal Ath. Association	28.52
9	5	285	Acayo Esther Teddy	Standard High Zana Ath.Club	23.56
	2	202	Akonjo Gloria	Mubs Athletics Club	DNS
	4	256	Driwaru Jackline	Ndejje University Athletics Club	DNS
	6	299	Lakica Catherine	Standard High Zana Ath.Club	DNS
	7	309	Adikini Faith	Tororo District Ath.Association	DNS
	8	310	Akayoroit Cynthia	Tororo District Ath.Association	DNS
	9	315	Chebet Milka	Tororo District Ath.Association	DNS
	10	317	Chelangat Victoria	Tororo District Ath.Association	DNS
	13	406	Lalam Josephine Joyce	Uganda Police Athletics Club	DNS
	16	449	Amaido Caroline	Uganda Prisons Athletics Club	DNS
	17	500	Anena Pauline	Uganda Wildlife Authority Ath. Club	DNS
	18	070	Nyerere Oliver	Inzikuru Sports Academy Ath. Club	DNS
	20	614	Akello Fiona	UPDF Athletics Club	DNS

Shotput Women Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	9	165	Alanyo Catherine	Uganda Prisons Athletics Club	11.47
2	12	364	Acan Janneth	Uganda Police Athletics Club	11.04
3	15	431	Aber Caroline Odwong	Uganda Prisons Athletics Club	10.90
4	19	613	Oyella Kevin Alice	UPDF Athletics Club	10.62
5	13	405	Laker Mercy	Uganda Police Athletics Club	10.60
6	1	478	Lakot Nancy	Uganda Prisons Athletics Club	10.16
7		612	Akello Fiona	UPDF Athletics Club	10.11
8	4	249	Anek Scovia Olanya	Ndejje University Athletics Club	10.05
9	17	449	Amaido Caroline	Uganda Prisons Athletics Club	9.33
10	16	435	Aciro Rose Mary	Uganda Prisons Athletics Club	9.06
11	2	024	Angufiru Lydia	Arua Municipal Ath. Association	8.87
12	6	285	Acayo Esther Teddy	Standard High Zana Ath.Club	7.45
13	7	299	Lakica Catherine	Standard High Zana Ath.Club	7.07
14	10	315	Chebet Milka	Tororo District Ath.Association	7.02
15	8	309	Adikini Faith	Tororo District Ath.Association	6.43
16	9	310	Akayoroit Cynthia	Tororo District Ath.Association	5.92
17	11	317	Chelangat Victoria	Tororo District Ath.Association	5.77



	3	202	Akonjo Gloria	Mubs Athletics Club	DNS
	5	256	Driwaru Jackline	Ndejje University Athletics Club	DNS
	14	406	Lalam Josephine Joyce	Uganda Police Athletics Club	DNS
	18	500	Anena Pauline	Uganda Wildlife Authority Ath. Club	DNS
	20	614	Akello Fiona	UPDF Athletics Club	DNS

Long Jump Women Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	14	479	Lakot Scovia	Uganda Prisons Athletics Club	5.65
2	12	350	Atimango Winnifred	UCU Athletics Club	5.44
3	7	427	Unyutifhua Mary Zwadi	Uganda Police Athletics Club	5.32
4	11	026	Asianzu Kevin	Arua Municipal Ath. Association	5.20
5	1	363	Acan Everline Linda	Uganda Police Athletics Club	5.20
6	10	483	Nabasa Jane	Uganda Prisons Athletics Club	4.70
7	6	289	Amony Sharon	Standard High Zana Ath.Club	4.47
8	2	480	Lanyero Lucy Apiyo	Uganda Prisons Athletics Club	4.35
9	4	248	Akanyo Theopista	Ndejje University Athletics Club	4.18
10	3	542	Akullu Judith	UPDF Athletics Club	4.12
	8	434	Abuk Brenda	Uganda Prisons Athletics Club	NM
	9	450	Apolo Eunice	Uganda Prisons Athletics Club	NM
	5	272	Nsubuga Tamasha	Old Kampala S.S Athletics Club	DNS
	13	447	Akullu Janet	Uganda Prisons Athletics Club	DNS
	15	163	Abalo Gladys	Lamwo District Athletics Association	DNS

High Jump Women Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	4	043	Abeja Dorothy	Gulu university Athletics Club	1.54
2	2	439	Adongo Domidy	Uganda Prisons Athletics Club	1.54
3	5	444	Ajok Joyce	Uganda Prisons Athletics Club	1.46
	3	483	Nabasa Jane	Uganda Prisons Athletics Club	NM
	1	045	Apiyo Proscovia Rita	Gulu university Athletics Club	DNS

Triple Jump Women Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	5	479	Lakot Scovia	Uganda Prisons Athletics Club	12.17
2	3	350	Atimango Winnifred	UCU Athletics Club	11.87
3	1	439	Adongo Domidy	Uganda Prisons Athletics Club	11.42
4	2	026	Asianzu Kevin	Arua Municipal Ath. Association	11.41
5	6	363	Acan Everline Linda	Uganda Police Athletics Club	11.01
	4	447	Akullu Janet	Uganda Prisons Athletics Club	DNS



Men

100m Men Finals

Wind: 1.4m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	413	Adome Pius	Uganda Police Athletics Club	10.47
2	5	433	Aboda Emmanuel	Uganda Prisons Athletics Club	10.64
3	6	173	Ngobi Allan	Makerere University Athletics Club	10.65
4	3	468	Isabirye Musa	Uganda Prisons Athletics Club	10.70
5	7	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	10.86
6	8	413	Obuto Solomon	Uganda Police Athletics Club	11.02
7	2	335	Ojok Justin	Tuku AfriKa Athletics Club	11.03
8	1	425	Shedrick Modi	Uganda Police Athletics Club	11.21

100m Men Semi Finals 1

Wind: -2.3m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	173	Ngobi Allan	Makerere University Athletics Club	10.88
2	2	425	Shedrick Modi	Uganda Police Athletics Club	11.23
3	5	007	Hasahya Benard	Amuria District Ath. Association	11.27
4	6	008	Obaren Aaron	Amuria District Ath. Association	11.43
5	3	141	Masaba Peter	Kamuli District Ath. Association	11.50
6	1	210	Ambayo Fred	Nampunge C. H. SCH. ATH. CLUB	11.55
7	7	441	Adupa Walter Ocen	Uganda Prisons Athletics Club	11.71
8	8	112	Ahaisibwe Francis	Kabale District Athletics Association	11.79

100m Men Semi Finals 2

Wind: 3.5m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	468	Isabirye Musa	Uganda Prisons Athletics Club	10.80
2	6	335	Ojok Justin	Tuku AfriKa Athletics Club	11.03
3	7	336	Okello Dairus	Tuku AfriKa Athletics Club	11.05
4	1	416	Oija Fred	Uganda Police Athletics Club	11.22
5	3	209	Otim Joshua	Uganda Police Athletics Club	11.34
6	2	132	Mukasa Vincent	Kampala Kids Academy Ath. Club	11.42
7	8	039	Odong Innocent	Gulu City Athletics Promotion Club	11.55
	5	060	Onyango Derick Reagan	Hared Jinja Athletics Club	DNS



100m Men Semi Finals 3

Wind: 0.5m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	365	Adome Pius	Uganda Police Athletics Club	10.50
2	8	433	Aboda Emmanuel	Uganda Prisons Athletics Club	10.69
3	1	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	10.92
4	4	413	Obuto Solomon	Uganda Police Athletics Club	11.03
5	3	029	Ayiko Abel	Arua Municipal Ath. Association	11.43
6	5	260	Odikor Andrew	Ndejje University Athletics Club	11.61
7	7	593	Obong Brian	UPDF Athletics Club	11.62
8	2	326	Owori Diffasi	Tororo District Ath.Association	11.76

100m Men Round 1 Heat 1

Wind: 2.5m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	173	Ngobi Allan	Makerere University Athletics Club	10.86
2	4	142	Mutagira Fred	Kamuli District Ath. Association	12.11
3	7	308	Wandera Denis	Tela Field Athletics Club	12.69
4	5	182	Warela Ferguson	Makindye Municipal Ath. Association	14.07
	2	002	Ochan Emmy	Agago District Ath. Association	DNS
	3	054	Oyel Joel Timothy	Gulu university Athletics Club	DNS
	6	212	Atiku Emmanuel	Nampunge C. H. SCH. ATH. CLUB	DNS
	8	357	Sharif Olipa	UCU Athletics Club	DNS

100m Men Round 1 Heat 2

Wind: 0.0m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	9	433	Aboda Emmanuel	Uganda Prisons Athletics Club	11.12
2	15	324	Omoding Denis	Tororo District Ath.Association	11.80
3	13	186	Ajack Daniel	Mbarara Municipal Ath.Association	11.89
4	11	057	Diego Derrick	Hared Jinja Athletics Club	12.59
5	14	216	Junju Brian	Nampunge C. H. SCH. ATH. CLUB	13.19
	10	006	Eletu Daniel	Amuria District Athletics Association	DNS
	12	143	Mutibwa Denis	Kamuli District Ath. Association	DNS
	16	422	Rotich Isaac	Uganda Police Athletics Club	DNS

100m Men Round 1 Heat 3

Wind: -0.8m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	17	468	Isabirye Musa	Uganda Prisons Athletics Club	10.95
2	18	007	Hasahya Benard	Amuria District Athletics Association	11.16
3	23	326	Owori Diffasi	Tororo District Ath.Association	11.76
4	22	221	Lokenya Hussein Ibrahim	Nampunge C. H. SCH. ATH. CLUB	11.98
5	20	162	Ocira Daniel	Kyambogo University Athletics Club	12.19
6	21	187	Akampurira Asaph	Mbarara Municipal Ath.Association	12.76
	19	058	Nkutu Ibahimovic Kirundans	Hared Jinja Athletics Club	DNS
	24	432	Abila Henry	Uganda Prisons Athletics Club	DNS



100m Men Round 1 Heat 4**Wind: 1.2m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	10.90
2	5	008	Obaren Aaron	Amuria District Athletics Association	11.22
3	3	441	Adupa Walter Ocen	Uganda Prisons Athletics Club	11.52
4	6	060	Onyango Derick Reaghan	Hared Jinja Athletics Club	11.63
5	8	188	Ategyeka Drake	Mbarara Municipal Ath.Association	11.99
6	1	246	Vvubya Hebert	Nampunge C. H. SCH. ATH. CLUB	12.14
	2	333	Laker Isaac	Tuku Afrika Athletics Club	DQ
	7	166	Cheptegei Sam Kiptala	Makerere University Athletics Club	DNS

100m Men Round 1 Heat 5**Wind: 1.7m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	2	335	Ojok Justin	Tuku Afrika Athletics Club	11.27
2	4	029	Ayiko Abel	Arua Municipal Ath. Association	11.34
3	6	167	Kayiza Henry	Makerere University Athletics Club	12.68
4	7	190	Byabagambi Kalid	Mbarara Municipal Ath.Association	15.78
	1	258	Kipsakit Elisha	Ndejje University Athletics Club	DNS
	3	497	Ssegawa Jasifa	Uganda Prisons Athletics Club	DNS
	5	071	Ogen Innocent	Inzikuru Sports Academy Ath. Club	DNS

100m Men Round 1 Heat 6**Wind: 0.4m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	413	Obuto Solomon	Uganda Police Athletics Club	11.18
2	2	336	Okello Darius	Tuku Afrika Athletics Club	11.25
3	1	260	Odikor Andrew	Ndejje University Athletics Club	11.62
4	7	168	Kayondo Arnold	Makerere University Athletics Club	13.44
	3	498	Umar Joesph	Uganda Prisons Athletics Club	DNS
	5	038	Denish Okot	Gulu City Athletics Promotion Club	DNS
	6	073	Opio Christopher	Inzikuru Sports Academy Ath. Club	DNS
	8	192	Gusbrito Opio	Mbarara Municipal Ath.Association	DNS

100m Men Round 1 Heat 7**Wind: 2.7m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	112	Ahaisibwe Francis	Kabarole District Ath.Association	11.60
2	5	039	Odong Innocent	Gulu City Athletics Promotion Club	11.64
	3	537	Torach Stephen	Unity Athletics Club	DQ
	1	262	Taremwa Moris	Ndejje University Athletics Club	DNS
	2	337	Olal Douglas	Tuku Afrika Athletics Club	DNS
	4	411	Nuwagaba Emmanuel	Uganda Police Athletics Club	DNS
	7	170	Lumala Fahad	Makerere University Athletics Club	DNS
	8	196	Nabasa Eric	Mbarara Municipal Ath.Association	DNS



100m Men Round 1 Heat 8

Wind: 0.3m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	365	Adome Pius	Uganda Police Athletics Club	11.58
2	6	122	Nyakahuma Daniel	Kabarole District Ath.Association	11.81
3	1	267	Ainembabazi Gerald	Old Kampala S.S Athletics Club	12.15
4	8	198	Nkamwesiga Emmanuel	Mbarara Municipal Ath.Association	12.21
5	7	174	Omollo Innocent Lazzo	Makerere University Athletics Club	12.23
6	3	573	Emong John	UPDF Athletics Club	12.56
7	2	346	Nsiiro Edward	UAFA Athletics Club	12.77
	5	041	Okot Denish	Gulu District Ath. Association	DNS

100m Men Round 1 Heat 9

Wind: -1.4m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	210	Ambayo Fred	Nampunge C. H. SCH. ATH. CLUB	11.54
2	2	348	Peko William	UAFA Athletics Club	12.04
3	1	283	Kitiibwa Haroonah Nsubuga	Sprinters Sports Academy Ath. Club	12.32
4	6	129	Koki Kaweesa Reuben Athan	Kampala Kids Academy Ath. Club	13.15
5	7	178	Mugaya Wickliffe	Makindye Municipal Ath. Association	15.24
	3	589	Magero Buhayo	UPDF Athletics Club	DNS
	5	044	Adea Ronald	Gulu university Athletics Club	DNS
	8	199	Ssentayi Mubarak	Mbarara Municipal Ath.Association	DNS

100m Men Round 1 Heat 10

Wind: 0.0m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	416	Oija Fred	Uganda Police Athletics Club	11.42
2	6	132	Mukasa Vincent	Kampala Kids Academy Ath. Club	11.49
3	3	593	Obong Brian	UPDF Athletics Club	11.68
4	8	206	Emukurait Bram	Nakawa municipal Ath. Association	12.66
	1	306	Muheirwe Dick	Tela Field Athletics Club	DNS
	2	351	Buhayo Humphrey	UCU Athletics Club	DNS
	5	050	Okumu Micheal	Gulu university Athletics Club	DNS
	7	180	Ssajjabbi Christopher	Makindye Municipal Ath. Association	DNS

100m Men Round 1 Heat 11

Wind: 1.3m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	425	Shedrick Modi	Uganda Police Athletics Club	11.22
2	6	141	Masaba Peter	Kamuli District Ath. Association	11.46
3	8	209	Ajalu Joshual Otim	Nampunge C. H. SCH. ATH. CLUB	11.50
4	3	597	Odongo Denish	UPDF Athletics Club	11.89
5	7	181	Tomusange Ashraf	Makindye Municipal Ath. Association	14.52
	1	307	Mumbya Michael Andre	Tela Field Athletics Club	DNS
	2	355	Okabo Santos	UCU Athletics Club	DNS
	5	053	Otwal Mark	Gulu university Athletics Club	DNS



200m Men Final**Wind: 0.2m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	173	Ngobi Allan	Makerere University Athletics Club	21.44
2	2	433	Aboda Emmanuel	Uganda Prisons Athletics Club	21.50
3	3	393	Jagalo Joshua	Uganda Police Athletics Club	21.63
4	5	523	Okwii Eric	Uganda Wildlife Authority Ath. Club	21.73
5	6	468	Isabirye Musa	Uganda Prisons Athletics Club	21.74
6	1	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	22.13
7	7	335	Ojok Justin	Tuku AfriKa Athletics Club	22.52
8	8	059	Nyeko Johnson	Hared Jinja Athletics Club	22.54

200m Men Semi Final 1**Wind: 0.1m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	173	Ngobi Allan	Makerere University Athletics Club	21.44
2	2	335	Ojok Justin	Tuku AfriKa Athletics Club	22.43
3	6	059	Nyeko Johnson	Hared Jinja Athletics Club	22.64
4	5	534	Goni Emmanuel	Unity Athletics Club	22.71
5	1	210	Ambayo Fred	Nampunge C. H. SCH. ATH. CLUB	23.50
6	7	209	Ajalu Joshual Otim	Nampunge C. H. SCH. ATH. CLUB	23.53
7	8	286	Adome Gabriel	Standard High Zana Ath.Club	23.84
8	3	303	Rackara Innocent Otim	Standard High Zana Ath.Club	25.32

200m Men Semi Final 2**Wind: 0.1m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	523	Okwii Eric	Uganda Wildlife Authority Ath. Club	21.48
2	3	393	Jagalo Joshua	Uganda Police Athletics Club	21.63
3	5	468	Isabirye Musa	Uganda Prisons Athletics Club	21.76
4	6	008	Obaren Aaron	Amuria District Ath. Association	22.84
5	2	039	Odong Innocent	Gulu City Athletics Promotion Club	23.27
6	7	324	Omoding Denis	Tororo District Ath.Association	23.32
7	1	040	Oyet Patrick	Gulu City Athletics Promotion Club	23.45
8	8	005	Ekaju Sam	Amuria District Ath. Association	23.66

200m Men Semi Final 3**Wind: 0.1m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	2	433	Aboda Emmanuel	Uganda Prisons Athletics Club	21.99
2	4	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	22.46
3	5	059	Nyeko Johnson	Hared Jinja Athletics Club	22.66
4	7	141	Masaba Peter	Kamuli District Ath. Association	23.48
5	8	122	Nyakahuma Daniel	Kabarole District Ath.Association	23.50
6	1	602	Onyanya Isaac	UPDF Athletics Club	23.89
7	6	188	Ategyeka Drake	Mbarara District Ath.Association	24.56
8	3	365	Adome Pius	Uganda Police Athletics Club	DQ



200m Men Round 1 Heat 1**Wind: 1.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	519	Lomutho Rajab	Uganda Wildlife Authority Ath. Club	22.0
2	9	534	Goni Emmanuel	Unity Athletics Club	22.7
3	6	209	Ajalu Joshual Otim	Nampunge C. H. SCH. ATH. CLUB	23.0
4	4	141	Masaba Peter	Kamuli District Ath. Association	23.4
5	5	182	Warela Ferguson	Makindye Municipal Ath. Association	24.0
6	8	348	Peko William	UAFA Athletics Club	27.8
	2	002	Ochan Emmy	Agago District Ath. Association	DNS
	3	054	Oyel Joel Timothy	Gulu university Athletics Club	DNS
	7	281	Thiel Deng Thiel	South Sudan	DNS

200m Men Round 1 Heat 2**Wind: -1.0m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	468	Isabirye Musa	Uganda Prisons Athletics Club	22.4
2	5	005	Ekaju Sam	Amuria District Athletics Association	23.7
3	8	186	Ajack Daniel	Mbarara Municipal Ath.Association	24.0
4	7	142	Mutagira Fred	Kamuli District Ath. Association	24.3
5	2	283	Kitiibwa Haroonah Nsubuga	Sprinters Sports Academy Ath. Club	25.4
	1	212	Atiku Emmanuel	Nampunge C. H. SCH. ATH. CLUB	DNS
	3	351	Buhayo Humphrey	UCU Athletics Club	DNS
	6	057	Diego Derrick	Hared Jinja Athletics Club	DNS

200m Men Round 1 Heat 3**Wind: 0.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	059	Nyeko Johnson	Hared Jinja Athletics Club	22.3
2	5	007	Hasahya Benard	Amuria District Athletics Association	22.6
3	4	008	Obaren Aaron	Amuria District Athletics Association	22.9
4	2	286	Adome Gabriel	Standard High Zana Ath.Club	23.5
5	7	164	Abiem Aj John	Makerere University Athletics Club	24.0
6	8	187	Akampurira Asaph	Mbarara Municipal Ath.Association	25.9
	1	216	Junju Brian	Nampunge C. H. SCH. ATH. CLUB	DNS
	3	355	Okabo Santos	UCU Athletics Club	DNS



200m Men Round 1 Heat 4

Wind: -0.6m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	188	Ategyeka Drake	Mbarara Municipal Ath.Association	22.6
2	2	303	Rackara Innocent Otim	Standard High Zana Ath.Club	22.8
	1	221	Lokenya Hussein Ibrahim	Nampunge C. H. SCH. ATH. CLUB	DNS
	3	361	Ocen Wilfred	Uganda Para Athletics	DNS
	4	413	Obuto Solomon	Uganda Police Athletics Club	DNS
	5	029	Ayiko Abel	Arua Municipal Ath. Association	DNS
	6	071	Ogen Innocent	Inzikuru Sports Academy Ath. Club	DNS
	7	167	Kayiza Henry	Makerere University Athletics Club	DNS

200m Men Round 1 Heat 5

Wind: 0.8m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	393	Jagalo Joshua	Uganda Police Athletics Club	22.9
2	6	076	Wafula Benon Benja	Inzikuru Sports Academy Ath. Club	23.8
3	2	323	Okumu Joshua	Tororo District Ath.Association	24.1
4	3	400	Kivumbi Rippon Daniel	Uganda Police Athletics Club	25.3
5	7	168	Kayondo Arnold	Makerere University Athletics Club	26.7
6	8	190	Byabagambi Kalid	Mbarara Municipal Ath.Association	31.4
	1	234	Okorong Clementi	Nampunge C. H. SCH. ATH. CLUB	DNS
	5	036	Musenze Jr Christopher	Entebbe Athletics Club	DNS

200m Men Round 1 Heat 6

Wind: 2.2m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	365	Adome Pius	Uganda Police Athletics Club	22.3
2	2	324	Omoding Denis	Tororo District Ath.Association	23.0
3	6	111	Agaba Herbert	Kabarole District Ath.Association	23.7
4	1	246	Vvubya Hebert	Nampunge C. H. SCH. ATH. CLUB	24.9
5	7	170	Lumala Fahad	Makerere University Athletics Club	25.4
	3	592	Nokrach Stephen	UPDF Athletics Club	DNS
	5	038	Denish Okot	Gulu City Athletics Promotion Club	DNS
	8	192	Gusbrito Opio	Mbarara Municipal Ath.Association	DNS

200m Men Round 1 Heat 7

Wind: 1.2m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	335	Ojok Justin	Tuku Afrika Athletics Club	22.5
2	5	039	Odong Innocent	Gulu City Athletics Promotion Club	22.8
3	2	326	Owori Diffasi	Tororo District Ath.Association	23.7
4	7	174	Omollo Innocent Lazzo	Makerere University Athletics Club	24.8
5	6	115	Ayebale George William	Kabarole District Ath.Association	26.0
6	8	196	Nabasa Eric	Mbarara Municipal Ath.Association	26.3
	1	258	Kipsakit Elisha	Ndejje University Athletics Club	DNS
	3	432	Abila Henry	Uganda Prisons Athletics Club	DNS



200m Men Round 1 Heat 8**Wind: 0.1m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	210	Ambayo Fred	Nampungwe C. H. SCH. ATH. CLUB	23.4
2	3	602	Onyanya Isaac	UPDF Athletics Club	23.5
3	6	122	Nyakahuma Daniel	Kabarole District Ath.Association	23.7
4	1	333	Laker Isaac	Tuku Afrika Athletics Club	24.2
	2	497	Ssegawa Jasifa	Uganda Prisons Athletics Club	DNS
	5	589	Magero Buhayo	UPDF Athletics Club	DNS
	7	176	Solomon Akodi	Makerere University Athletics Club	DNS
	8	199	Ssentayi Mubarak	Mbarara Municipal Ath.Association	DNS

200m Men Round 1 Heat 9**Wind: 0.4m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	173	Ngobi Allan	Makerere University Athletics Club	21.5
2	6	125	Tumusiime Robert	Kabarole District Ath.Association	25.2
3	3	498	Umar Joesph	Uganda Prisons Athletics Club	25.9
4	5	047	Kato Ronald	Gulu university Athletics Club	26.5
5	7	178	Mugaya Wickliffe	Makindye Municipal Ath. Association	30.0
	1	260	Odikor Andrew	Ndejje University Athletics Club	DNS
	2	336	Okello Darius	Tuku Afrika Athletics Club	DNS
	8	586	Kwemoi Edwin	UPDF Athletics Club	DNS

200m Men Round 1 Heat 10**Wind: 1.8m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	523	Okwii Erick	Uganda Wildlife Authority Ath. Club	21.6
	1	262	Taremwa Moris	Ndejje University Athletics Club	DNS
	2	337	Olal Douglas	Tuku Afrika Athletics Club	DNS
	4	425	Shedrick Modi	Uganda Police Athletics Club	DNS
	5	050	Okumu Micheal	Gulu university Athletics Club	DNS
	6	132	Mukasa Vincent	Kampala Kids Academy Ath. Club	DNS
	7	180	Ssajjabbi Christopher	Makindye Municipal Ath. Association	DNS
	8	201	Rubangakene Walter	Moyo District Athletics Association	DNS

200m Men Round 1 Heat 11**Wind: 1.2m/s**

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	433	Aboda Emmanuel	Uganda Prisons Athletics Club	22.5
2	1	267	Ainembabazi Gerald	Old Kampala S.S Athletics Club	24.8
3	6	139	Wabomba Rigan	Kampala Kids Academy Ath. Club	26.0
4	7	181	Tomusange Ashraf	Makindye Municipal Ath. Association	29.6
	2	347	Obbo Zakaria	UAFA Athletics Club	DNS
	5	051	Okwanga Charles	Gulu university Athletics Club	DNS
	8	206	Emukurait Bram	Nakawa municipal Ath. Association	DNS



200m Men Round 1 Heat 12

Wind: 1.9m/s

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	040	Oyet Patrick	Gulu City Athletics Promotion Club	23.5
2	4	593	Obong Brian	UPDF Athletics Club	23.9
3	1	537	Torach Stephen	Unity Athletics Club	24.3
	2	547	Benson Oyuku Leo	UPDF Athletics Club	DNS
	5	259	Layeng Erick Sibryanda	Ndejje University Athletics Club	DNS
	6	525	Opio Denis	Uganda Wildlife Authority Ath. Club	DNS
	7	200	Businge Denis	Moyo District Athletics Association	DNS
	8	604	Oweka Samuel Sadam	UPDF Athletics Club	DNS

400m Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	438	Adoli Haron	Uganda Prisons Athletics Club	46.03
2	3	452	Chan Wengo Godfrey	Uganda Prisons Athletics Club	47.25
3	2	524	Opiny Leonard	Uganda Wildlife Authority Ath. Club	47.34
4	5	536	Onen Kennedy	Unity Athletics Club	47.46
5	6	393	Jagalo Joshua	Uganda Police Athletics Club	49.01.
6	1	059	Nyeko Johnson	Hared Jinja Athletics Club	49.13
7	8	259	Layeng Erick Sibiranya	Ndejje University Athletics Club	49.24
8	7	534	Goni Emmanuel	Unity Athletics Club	49.37

400m Men Semi Final 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	438	Adoli Haron	Uganda Prisons Athletics Club	46.47
2	5	536	Onen Kennedy	Unity Athletics Club	47.86
3	2	259	Layeng Erick Sibiranya	Ndejje University Athletics Club	49.59
4	7	005	Ekaju Sam	Amuria District Ath. Association	50.80
5	1	592	Nokrach Stephen	UPDF Athletics Club	50.84
6	3	242	Tenywa Edreen	Nampunge C. H. SCH. ATH. CLUB	51.67
7	4	111	Agaba Herbert	Kabarole Disrict Ath.Association	52.20
	8	286	Adome Gabriel	Standard High Zana Ath.Club	DNS

400m Men Semi Final 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	452	Chan Wengo Godfrey	Uganda Prisons Athletics Club	47.99
2	6	524	Opiny Leonard	Uganda Wildlife Authority Ath. Club	48.45
3	4	059	Nyeko Johnson	Hared Jinja Athletics Club	49.46
4	5	604	Oweka Samuel Sadam	UPDF Athletics Club	49.83
5	2	031	Sawadi Twaha	Arua Municipal Ath. Association	51.47
6	1	544	Ariti James	UPDF Athletics Club	51.78
7	8	121	Murungi Koojo Pius	Kabarole Disrict Ath.Association	52.13
8	7	126	Baryagama Ignatius	Kampala Kids Academy Ath. Club	52.63



400m Men Semi Final 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	393	Jagalo Joshua	Uganda Police Athletics Club	48.42
2	2	534	Goni Emmanuel	Unity Athletics Club	49.08
3	3	323	Okumu Joshua	Tororo District Ath.Association	52.96
4	8	076	Wafula Benon Benja	Inzikuru Sports Academy Ath. Club	53.73
5	7	494	Owor Charles Tonny	Uganda Prisons Athletics Club	56.70
	4	523	Okwii Eric	Uganda Wildlife Authority Ath. Club	DQ
	1	030	Khalid Safi	Arua Municipal Ath. Association	DNS
	6	255	Chuol John Kuer	Ndejje University Athletics Club	DNS

400m Men Round 1 Heat 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	438	Adoli Haron	Uganda Prisons Athletics Club	49.24
2	2	031	Sawadi Twaha	Arua Municipal Ath. Association	50.73
3	5	592	Nokrach Stephen	UPDF Athletics Club	51.38
4	6	544	Ariti James	UPDF Athletics Club	51.53
5	3	047	Kato Ronald	Gulu university Athletics Club	59.23
	1	051	Okwanga Charles	Gulu university Athletics Club	DNS
	4	525	Opio Denis	Uganda Wildlife Authority Ath. Club	DNS
	7	197	Nahurira Josephat	Mbarara Municipal Ath.Association	DNS

400m Men Round 1 Heat 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	059	Nyeko Johnson	Hared Jinja Athletics Club	49.43
2	4	259	Layeng Erick Sibryanda	Ndejje University Athletics Club	49.85
3	8	030	Khalid Safi	Arua Municipal Ath. Association	51.26
4	2	261	Olanya Reagan	Ndejje University Athletics Club	54.05
5	7	115	Ayebale George William	Kabarole District Ath.Association	59.35
	3	176	Solomon Akodi	Makerere University Athletics Club	DNS
	5	419	Oroma Williamson	Uganda Police Athletics Club	DNS
	6	003	Otieno Johnathan	Agago District Ath. Association	DNS

400m Men Round 1 Heat 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	523	Okwii Erick	Uganda Wildlife Authority Ath. Club	49.03
2	4	255	Chuol John Kuer	Ndejje University Athletics Club	50.52
3	1	242	Tenywa Edreen	Nampunge C. H. SCH. ATH. CLUB	51.68
4	6	164	Abiem Aj John	Makerere University Athletics Club	53.18
	3	237	Olinga Haron	Nampunge C. H. SCH. ATH. CLUB	DQ
	2	347	Obbo Zakaria	UAFA Athletics Club	DNS
	7	189	Bahati Asafu	Mbarara Municipal Ath.Association	DNS
	8	295	Kiplimo Philip	Standard High Zana Ath.Club	DNS



400m Men Round 1 Heat 4

Pos	Lane	Bib No.	Name	Affiliation	Time
1	5	536	Onen Kennedy	Unity Athletics Club	49.34
2	4	534	Goni Emmanuel	Unity Athletics Club	49.54
3	2	400	Kivumbi Rippon Daniel	Uganda Police Athletics Club	55.36
4	3	125	Tumusiime Robert	Kabarole Disrict Ath.Association	57.64
5	8	603	Opolot Simon	UPDF Athletics Club	1:03.34
	1	361	Ocen Wilfred	Uganda Para Athletics	DNS
	6	032	Abwola Mark	Bull Athletics Club	DNS
	7	205	Bamukangwire Lajab A	Nakawa municipal Ath. Association	DNS

400m Men Round 1 Heat 5

Pos	Lane	Bib No.	Name	Affiliation	Time
1	2	604	Oweka Samuel Sadam	UPDF Athletics Club	50.02
2	6	111	Agaba Herbert	Kabarole Disrict Ath.Association	51.41
3	7	126	Baryaguma Ignatius	Kampala Kids Academy Ath. Club	51.56
4	5	286	Adome Gabriel	Standard High Zana Ath.Club	51.73
5	1	076	Wafula Benon Benja	Inzikuru Sports Academy Ath. Club	52.10
6	8	297	Krube Fadhil Jaffer	Standard High Zana Ath.Club	52.61
	3	049	Ojok Isaac	Gulu university Athletics Club	DNS
	4	331	Kwemoi Caleb	Tuku AfriKa Athletics Club	DNS

400m Men Round 1 Heat 6

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	393	Jagalo Joshua	Uganda Police Athletics Club	50.29
2	2	494	Owor Charles Tonny	Uganda Prisons Athletics Club	56.80
3	8	171	Makanga Joseph	Makerere University Athletics Club	57.78
	3	490	Oketcho John	Uganda Prisons Athletics Club	DQ
	1	207	Walugembe Aaron	Nakawa municipal Ath. Association	DNS
	5	352	Cankura Robert	UCU Athletics Club	DNS
	6	157	Akemkene Peter	Kitgum District Athletics Association	DNS
	7	093	Cheptoyek Nicholas	JOCDEF ATHLETICS CLUB	DNS

400m Men Round 1 Heat 7

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	452	Chan Wengo Godfrey	Uganda Prisons Athletics Club	48.40
2	5	005	Ekaju Sam	Amuria District Athletics Association	50.14
3	8	121	Murungi Koojo Pius	Kabarole Disrict Ath.Association	52.05
4	2	040	Oyet Patrick	Gulu City Athletics Promotion Club	52.34
5	6	114	Alituha Godfrey	Kabarole Disrict Ath.Association	56.51
6	1	234	Okorong Clementi	Nampunge C. H. SCH. ATH. CLUB	56.75
	3	429	Wanume Yahya	Uganda Police Athletics Club	DQ
	7	097	Cherotich Amos	JOCDEF ATHLETICS CLUB	DNS



400m Men Round 1 Heat 8

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	524	Opiny Leonard	Uganda Wildlife Authority Ath. Club	48.08
2	1	323	Okumu Joshua	Tororo District Ath.Association	51.86
3	2	605	Oyuku Benson Leo	UPDF Athletics Club	51.87
4	7	006	Eletu Daniel	Amuria District Athletics Association	57.56
	5	574	Eragu Joseph	UPDF Athletics Club	DQ
	6	025	Anguti Jimmy	Arua Municipal Ath. Association	DQ
	3	362	Wokorach Geoffrey Oloya	Uganda Para Athletics	DNS
	8	036	Musenze Jr Christopher	Entebbe Athletics Club	DNS

800m Men Finals

Pos	Lane	Bib No.	Name	Affiliation	Time
1	4	509	Dradriga Tom	Uganda Wildlife Authority Ath. Club	1:47.11
2	6	420	Osuje Emmanuel	Uganda Police Athletics Club	1:48.02
3		536	Onen Kennedy	Unity Athletics Club	1:49.00
4	7	077	Aden Moussa Absieh	JOCDEF ATHLETICS CLUB	1:50.22
5	8	510	Etiau Rashid	Uganda Wildlife Authority Ath. Club	1:50.92
6	9	093	Cheptoyek Nicholas	JOCDEF ATHLETICS CLUB	1:51.37
7	3	104	Kiprotich Sam Kapkureny	JOCDEF ATHLETICS CLUB	1:51.47
8	14	135	Omara Raymond	Kampala Kids Academy Ath. Club	1:52.16
9	1	215	Comboni Daniel	Nampunge C. H. SCH. ATH. CLUB	1:52.49
10	12	334	Ocen Robin	Tuku Afrika Athletics Club	1:53.21
11	13	277	Guot Thon Abraham	South Sudan	1:53.26
12	2	516	Kirano Shafiq	Uganda Wildlife Authority Ath. Club	1:53.60
	5	474	Kiprop Daniel	Uganda Prisons Athletics Club	DNF
	10	524	Opiny Leonard	Uganda Wildlife Authority Ath. Club	DNF
	11	553	Chelankat Ariski	UPDF Athletics Club	DNS

800m Men Round 1 Heat 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	510	Etiau Rashid	Uganda Wildlife Authority Ath. Club	1:53.71
2	7	465	Edimon Jamonu	Uganda Prisons Athletics Club	1:55.13
3	7	297	Krube Fadhil Jaffer	Standard High Zana Ath.Club	1:55.39
4	6	276	Akoon Joseph Akoon	South Sudan	1:55.59
5	8	554	Chelimo Calvin	UPDF Athletics Club	1:58.35
6	5	235	Okwit Denish Steward	Nampunge C. H. SCH. ATH. CLUB	2:04.81
7	4	197	Nahurira Josephat	Mbarara Municipal Ath.Association	2:14.37
8	1	033	Bizimana Prosper	BURUNDI	2:22.10
9	2	134	Obura Nathan	Kampala Kids Academy Ath. Club	2:29.28
	3	144	Namansa Ambrose	Kamuli District Ath. Association	DNS



800m Men Round 1 Heat 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	6	277	Guot Thon Abraham	South Sudan	1:51.6
2	2	135	Omara Raymond	Kampala Kids Academy Ath. Club	1:51.9
3	7	471	Kibet Joshua	Uganda Prisons Athletics Club	1:56.6
4	5	242	Tenywa Edreen	Nampunge C. H. SCH. ATH. CLUB	1:57.1
5	4	204	Yoacel Rogers	Mubs Athletics Club	2:20.6
	1	049	Ojok Isaac	Gulu university Athletics Club	DNS
	3	145	Limo Brian	Kapchorwa District Ath.Association	DNS
	7	300	Mugoda James	Standard High Zana Ath.Club	DNS
	8	520	Mayanja Abu	Uganda Wildlife Authority Ath. Club	DNS
	8	584	Kulanyo Jarfer	UPDF Athletics Club	DNS

800m Men Round 1 Heat 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	524	Opiny Leonard	Uganda Wildlife Authority Ath. Club	1:54.25
2		553	Onen Kennedy	Unity Athletics Club	1:54.29
3	6	301	Naido Dominic Krop	Standard High Zana Ath.Club	1:54.97
4	7	490	Oketcho John	Uganda Prisons Athletics Club	1:58.10
5	5	279	Makuei Peter	South Sudan	2:01.97
6	8	600	Okwera Francisco	UPDF Athletics Club	2:04.66
7	4	247	Ainomuhangi Grace	Ndejje University Athletics Club	2:09.73
	1	052	Osman Gira	Gulu university Athletics Club	DNS
	2	136	Onega Daniel	Kampala Kids Academy Ath. Club	DNS
	3	157	Akemkene Peter	Kitgum District Athletics Association	DNS
	8	536	Onen Kennedy	Unity Athletics Club	DNS

800m Men Round 1 Heat 4

Pos	Lane	Bib No.	Name	Affiliation	Time
1	1	077	Aden Moussa Absieh	JOCDEF ATHLETICS CLUB	1:53.72
2	3	171	Makanga Joseph	Makerere University Athletics Club	2:06.61
3	8	607	Tugume Felix	UPDF Athletics Club	2:08.94
4	2	137	Otim Innocent	Kampala Kids Academy Ath. Club	2:17.18
	4	205	Bamukangwire Lajab A	Nakawa municipal Ath. Association	DNS
	5	251	Apenyo Bekele	Ndejje University Athletics Club	DNS
	6	281	Thiel Deng Thiel	South Sudan	DNS
	7	320	Kalulu Musa	Tororo District Ath.Association	DNS
	7	495	Sempijja Cyrus	Uganda Prisons Athletics Club	DNS
	8	532	Wabutwa Farid	Uganda Wildlife Authority Ath. Club	DNS



800m Men Round 1 Heat 5

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	420	Osuje Emmanuel	Uganda Police Athletics Club	1:53.0
2	8	516	Kirano Shafiq	Uganda Wildlife Authority Ath. Club	1:53.3
3	2	093	Cheptoyek Nicholas	JOCDEF ATHLETICS CLUB	1:53.6
4	7	334	Ocen Robin	Tuku Afrika Athletics Club	1:54.4
5	8	609	Yesho Kevin	UPDF Athletics Club	1:54.8
6	1	025	Anguti Jimmy	Arua Municipal Ath. Association	1:55.8
7	6	255	Chuol John Kuer	Ndejje University Athletics Club	2:00.3
8	5	207	Walugembe Aaron	Nakawa municipal Ath. Association	2:07.8
9	3	138	Sande Herbert Lema	Kampala Kids Academy Ath. Club	2:30.3
	4	185	Agaba Nicholas	Mbarara Municipal Ath.Association	DNS

800m Men Round 1 Heat 6

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	474	Kiprop Daniel	Uganda Prisons Athletics Club	1:52.8
2	2	104	Kiprotich Sam Kapkureny	JOCDEF ATHLETICS CLUB	1:52.9
3	5	215	Comboni Daniel	Nampunge C. H. SCH. ATH. CLUB	1:53.4
4	7	389	Cherotich Dan	Uganda Police Athletics Club	1:55.5
5	6	257	Etabu Simon Peter Papa	Ndejje University Athletics Club	1:57.5
6	8	527	Ruka Essan	Uganda Wildlife Authority Ath. Club	2:02.3
7	1	030	Khalid Safi	Arua Municipal Ath. Association	2:07.7
8	3	139	Wabomba Rigan	Kampala Kids Academy Ath. Club	2:15.4
9	4	189	Bahati Asafu	Mbarara Municipal Ath.Association	2:19.9

800m Men Round 1 Heat 7

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	509	Dradriga Tom	Uganda Wildlife Authority Ath. Club	1:49.7
2	8	533	Farahan Issa	Unity Athletics Club	1:59.7
3	8	594	Ocoma Alex	UPDF Athletics Club	2:02.4
4	4	191	Byamukama Asaph	Mbarara Municipal Ath.Association	2:10.8
5	2	130	Kyaligonza Vincent	Kampala Kids Academy Ath. Club	2:12.3
6	7	402	Kwemoi Enock	Uganda Police Athletics Club	2:26.7
	1	031	Sawadi Twaha	Arua Municipal Ath. Association	DNS
	3	140	Kato Isaac	Kamuli District Ath. Association	DNS
	5	218	Kakande Jonathan	Nampunge C. H. SCH. ATH. CLUB	DNS
	6	295	Kiplimo Philip	Standard High Zana Ath.Club	DNS



1500m Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1		077	Aden Moussa Absieh	JOCDEF ATHLETICS CLUB	3:44.58
2		520	Mayanja Abu	Uganda Wildlife Authority Ath. Club	3:44.62
3		175	Otim Emmanuel	Makerere University Athletics Club	3:46.92
4		338	Omara Tonny	Tuku Afrika Athletics Club	3:47.99
5		420	Osuje Emmanuel	Uganda Police Athletics Club	3:48.43
6		501	Boch Silus	Uganda Wildlife Authority Ath. Club	3:49.04
7		102	Kiproop Hosea	JOCDEF ATHLETICS CLUB	3:49.44
8		474	Kiproop Daniel	Uganda Prisons Athletics Club	3:49.84
9		215	Comboni Daniel	Uganda Prisons Athletics Club	3:51.45
10		011	Chemutai Hosea	Nampunge C. H. SCH. ATH. CLUB	3:51.89
11		386	Cherop Alex	Arua District Ath. Association	3:52.47
12		471	Kibet Joshua	Uganda Police Athletics Club	3:55.45
13		530	Siwa Kinga Moses	Uganda Prisons Athletics Club	3:56.63
14		529	Siwa Eliot	Uganda Wildlife Authority Ath. Club	4:01.47
		278	Koon Wol Yach Majok	South Sudan	DNF
		422	Rotich Isaac	Uganda Police Athletics Club	DNS

1500m Men Semi Final 1

Pos	Lane	Bib No.	Name	Affiliation	Time
1	8	175	Otim Emmanuel	Makerere University Athletics Club	3:48.75
2	20	474	Kiproop Daniel	Uganda Prisons Athletics Club	3:49.04
3	1	011	Chemutai Hosea	Arua District Athletics Association	3:52.64
4	10	215	Comboni Daniel	Nampunge C. H. SCH. ATH. CLUB	3:54.13
5	18	448	Akwech Peter	Uganda Prisons Athletics Club	3:57.33
6	14	383	Cheptoris Dan	Uganda Police Athletics Club	3:59.10
7	11	257	Etabu Simon Peter Papa	Ndejje University Athletics Club	4:02.82
8	17	423	Rotich Silas	Uganda Police Athletics Club	4:05.66
9	24	581	Kipsisey David	UPDF Athletics Club	4:06.23
10	19	466	Emong David	Uganda Prisons Athletics Club	4:07.40
11	15	394	Kaberwa Ivan	Uganda Police Athletics Club	4:09.10
12	23	533	Farahan Issa	Unity Athletics Club	4:11.74
13	16	403	Kwemoi Enos	Uganda Police Athletics Club	4:12.81
14	4	091	Chemusto Erik	JOCDEF ATHLETICS CLUB	4:13.65
15	7	169	Lubega Abdulkarim	Makerere University Athletics Club	4:19.68
16	9	191	Byamukama Asaph	Mbarara Municipal Ath.Association	4:21.84



17	5	099	Cherotwo Eliud	JOCDEF ATHLETICS CLUB	4:21.90
18	6	120	Mujuni Nicholas	Kabarole Disrict Ath.Association	4:31.17
19	22	515	Kipyego Nam	Uganda Wildlife Authority Ath. Club	4:32.01
	2	044	Adea Ronald	Gulu university Athletics Club	DNS
	3	075	Tebetebe Issa	Inzikuru Sports Academy Ath. Club	DNS
	12	301	Naido Dominic Krop	Standard High Zana Ath.Club	DNS
	13	334	Ocen Robin	Tuku AfriKa Athletics Club	DNS
	21	495	Sempijja Cyrus	Uganda Prisons Athletics Club	DNS
	25	090	Chelimo Dolophin	JOCDEF ATHLETICS CLUB	DNS
	26	612	Ufoyrwoth Roggers	Zombo District Athletics Association	DNS

1500m Men Semi Final 2

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3	077	Aden Moussa Absieh	JOCDEF ATHLETICS CLUB	3:47.04
2	12	338	Omara Tonny	Tuku AfriKa Athletics Club	3:48.70
3	24	386	Cherop Alex	Uganda Police Athletics Club	3:51.31
4	20	501	Boch Silus	Uganda Wildlife Authority Ath. Club	3:53.16
5	18	471	Kibet Joshua	Uganda Prisons Athletics Club	3:54.28
6	21	529	Siwa Eliot	Uganda Wildlife Authority Ath. Club	3:57.12
7	23	596	Odongkara Richard	UPDF Athletics Club	4:01.83
8	17	458	Chelangat Caleb	Uganda Prisons Athletics Club	4:05.51
9	4	096	Cherotich Abraham	JOCDEF ATHLETICS CLUB	4:05.89
10	13	384	Cheptoyek Boaz	Uganda Police Athletics Club	4:06.28
11	19	481	Mbabazi Christopher	Uganda Prisons Athletics Club	4:06.95
12	22	546	Ayo Jacob	UPDF Athletics Club	4:07.10
13	15	409	Naibei Peter	Uganda Police Athletics Club	4:16.11
14	14	397	Kiprop Samuel	Uganda Police Athletics Club	4:21.72
15	5	101	Kibet Enok	JOCDEF ATHLETICS CLUB	4:39.32
16	1	033	Bizimana Prosper	BURUNDI	4:43.51
	2	052	Osman Gira	Gulu university Athletics Club	DNS
	6	131	Labeja Patrick	Kampala Kids Academy Ath. Club	DNS
	7	183	Kule Jockus Kitambara	Mbarara District Ath.Association	DNS
	8	194	Mugarura Banabas	Mbarara Municicpal Ath.Association	DNS
	9	218	Kakande Jonathan	Nampunge C. H. SCH. ATH. CLUB	DNS
	10	274	Rubayita Siragi Ruzix	RWANDA	DNS
	11	320	Kalulu Musa	Tororo District Ath.Association	DNS
	16	428	Wangwe Brian William	Uganda Police Athletics Club	DNS
	25	532	Wabutwa Farid	Uganda Wildlife Authority Ath. Club	DNS
	26	509	Dradriga Tom	Uganda Wildlife Authority Ath. Club	DNS



1500m Men Semi Final 3

Pos	Lane	Bib No.	Name	Affiliation	Time
1	26	520	Mayanja Abu	Uganda Wildlife Authority Ath. Club	3:48.29
2	15	420	Osuje Emmanuel	Uganda Police Athletics Club	3:48.38
3	10	278	Koon Wol Yach Majok	South Sudan	3:48.39
4	25	422	Rotich Isaac	Uganda Police Athletics Club	3:51.11
5	5	102	Kiprop Hosea	JOCDEF ATHLETICS CLUB	3:55.36
6	21	530	Siwa Kinga Moses	Uganda Wildlife Authority Ath. Club	3:57.18
7	17	465	Edimon Jamonu	Uganda Prisons Athletics Club	3:58.98
8	19	486	Ochieng Julius	Uganda Prisons Athletics Club	4:00.84
9	4	098	Cherotwo Calvin	JOCDEF ATHLETICS CLUB	4:08.76
10	12	367	Araptany Jacob	Uganda Police Athletics Club	4:11.63
11	9	235	Okwit Denish Steward	Nampunge C. H. SCH. ATH. CLUB	4:15.78
12	13	385	Cheptoyek Kevin	Uganda Police Athletics Club	4:16.76
13	16	437	Adar Jimmy Aloka	Uganda Prisons Athletics Club	4:23.45
14	3	078	Chebet Ben	JOCDEF ATHLETICS CLUB	4:27.67
		508	Chesang Ndiwa	Uganda Wildlife Authority Ath. Club	DNS
	2	055	Oyoo Walter	Gulu university Athletics Club	DNS
	6	154	Kipyeko Laban	KCCA Athletics Club	DNS
	7	184	Mugambe Michael	Mbarara District Ath.Association	DNS
	8	204	Yoacel Rogers	Mubs Athletics Club	DNS
	11	321	Kamaywen Jacob	Tororo District Ath.Association	DNS
	14	399	Kissa Alex	Uganda Police Athletics Club	DNS
	18	473	Kiplangat Hosea	Uganda Prisons Athletics Club	DNS
	20	504	Chelimo Aron	Uganda Wildlife Authority Ath. Club	DNS
	22	558	Chemonges Linus	UPDF Athletics Club	DNS
	23	610	Yowana Edward	UPDF Athletics Club	DNS
	24	396	Kiplangat Joel	Uganda Police Athletics Club	DNS

3000m SC Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	12	521	Ndiwa Toroitich Elphas	Uganda Wildlife Authority Ath. Club	8:37.3
2	14	559	Chemutai Leonard	UPDF Athletics Club	8:40.6
3	9	467	Ezekiel Mutai	Uganda Prisons Athletics Club	8:48.3
4	10	499	Wakana Nelson	Uganda Prisons Athletics Club	8:48.9
5	8	459	Chemutai Albert	Uganda Prisons Athletics Club	9:00.4
6	3	106	Rotich Gideon	JOCDEF ATHLETICS CLUB	9:03.9
7	16	571	Cherotic Denis	UPDF Athletics Club	9:04.2
8	15	561	Chemutai Vincent	UPDF Athletics Club	9:15.8
9	13	545	Ayeko Simon	UPDF Athletics Club	9:24.9
10	5	275	Ajan Jacob Chol	South Sudan	9:26.5
11	1	367	Araptany Jacob	Uganda Police Athletics Club	9:30.9



12	17	578	Kiplangat Alex	UPDF Athletics Club	9:36.3
13	11	517	Kissa Joel	Uganda Wildlife Authority Ath. Club	9:44.5
14	7	424	Sande Denis	Uganda Police Athletics Club	10:01.5
15	4	244	Tusabe Shaban	Nampungwe C. H. SCH. ATH. CLUB	12:30.6
	2	409	Naibei Peter	Uganda Police Athletics Club	DNS
	6	344	Lwarence Oringa	UAFA Athletics Club	DNS

5000m Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	7	089	Chelangam Abraham	JOCDEF ATHLETICS CLUB	13:51.58
2	70	499	Wakana Nelson	Uganda Prisons Athletics Club	13:51.66
3	32	398	Kiprotich Martin Magengo	Uganda Police Athletics Club	13:52.13
4	37	470	Kibet Isaac	Uganda Prisons Athletics Club	14:05.33
5	10	103	Kiprop Kenneth	JOCDEF ATHLETICS CLUB	14:06.61
6	65	274	Rubayita Siragi Ruzix	RWANDA	14:07.38
7	18	151	Kiplangat Denis	KCCA Athletics Club	14:07.43
8	33	404	Kwemoi Victor	Uganda Police Athletics Club	14:10.70
9	24	332	Kwemoi Vitalis	Tuku Afrika Athletics Club	14:10.87
10	69	486	Ochieng Julius	Uganda Prisons Athletics Club	14:13.54
11	66	275	Ajan Jacob Chol	South Sudan	14:17.65
12	27	379	Chelogoi Feb	Uganda Police Athletics Club	14:19.41
13	6	022	Yeko Sam Sombu	Arua District Athletics Association	14:20.09
14	42	511	Kateregga John	Uganda Wildlife Authority Ath. Club	14:22.34
15	39	484	Nuwesinguzi Daniel	Uganda Prisons Athletics Club	14:22.53
16	28	382	Chemutai Elisha	Uganda Police Athletics Club	14:25.66
17	36	469	Kibet Diffas	Uganda Prisons Athletics Club	14:30.00
18	2	012	Cheptot Daglas	Arua District Athletics Association	14:39.86
19	31	396	Kiplangat Joel	Uganda Police Athletics Club	14:41.97
20	23	318	Chemusto Eric	Tororo District Ath.Association	14:44.46
21	58	590	Mande Stephen	UPDF Athletics Club	14:46.02
22	34	453	Chebet Aziz	Uganda Prisons Athletics Club	14:49.60
23	54	576	Grdagui Herbart	UPDF Athletics Club	14:55.40
24	9	100	Chesang Mikail	JOCDEF ATHLETICS CLUB	14:56.18
25	12	108	Yeko Silva	JOCDEF ATHLETICS CLUB	14:56.84
26	1	401	Kusuro Fred	Uganda Police Athletics Club	15:01.39
27	4	096	Cherotich Abraham	JOCDEF ATHLETICS CLUB	15:07.71
28	62	169	Lubega Abdukarim	Makerere University Athletics Club	15:16.08
	11	105	Kwemboi Jacob	JOCDEF ATHLETICS CLUB	DNF
	13	109	Tumwesige Ivan	Kabale District Athletics Association	DNF
	14	113	Alinaitwe Brian	Kabarole District Ath.Association	DNF
	63	183	Kule Jockus Kitambara	Mbarara District Ath.Association	DNF



	40	491	Omara Patrick	Uganda Prisons Athletics Club	DNF
	44	513	Kipsang Job	Uganda Wildlife Authority Ath. Club	DNF
	49	548	Chebet Paul	UPDF Athletics Club	DNF
	56	585	Kusuro Kenneth	UPDF Athletics Club	DNF
	45	518	Kusuro Geoffrey	Uganda Wildlife Authority Ath. Club	DNF
	50	555	Chelimo Dismas Kituri	UPDF Athletics Club	DNF
	57	587	Kwemoi Filex	UPDF Athletics Club	DNF
	4	016	Kiplimo Aron	Arua District Athletics Association	DNF
	3	013	Cherop Dominic	Arua District Athletics Association	DNS
	5	017	Kiplimo Meshek	Arua District Athletics Association	DNS
	8	094	Cherop Marcos	JOCDEF ATHLETICS CLUB	DNS
	15	119	Mujulizi Isaiah	Kabarole Disrict Ath.Association	DNS
	16	147	Chemonges Leonard	KCCA Athletics Club	DNS
	17	150	Kibet Soyekwo	KCCA Athletics Club	DNS
	19	153	Kipsang Jacob	KCCA Athletics Club	DNS
	61	154	Kipyeko Laban	KCCA Athletics Club	DNS
	64	184	Mugambe Michael	Mbarara District Ath.Association	DNS
	20	195	Mulungi Deo	Mbarara Municicpal Ath.Association	DNS
	21	241	Talemwa Cosmas	Nampunge C. H. SCH. ATH. CLUB	DNS
	22	254	Chelimo Isaac	Ndejje University Athletics Club	DNS
	25	356	Okello Frank	UCU Athletics Club	DNS
	26	378	Chelangat Mercyline	Uganda Police Athletics Club	DNS
	29	386	Cherop Alex	Uganda Police Athletics Club	DNS
	30	388	Cherop Sam Moi	Uganda Police Athletics Club	DNS
	67	424	Sande Denis	Uganda Police Athletics Club	DNS
	35	461	Chemutai Jacob	Uganda Prisons Athletics Club	DNS
	38	472	Kibet Kevin	Uganda Prisons Athletics Club	DNS
	68	473	Kiplangat Hosea	Uganda Prisons Athletics Club	DNS
	41	502	Chebures Ali	Uganda Wildlife Authority Ath. Club	DNS
	43	512	Kibet Moses	Uganda Wildlife Authority Ath. Club	DNS
	71	515	Kipyego Nam	Uganda Wildlife Authority Ath. Club	DNS
	46	528	Sande Samuel	Uganda Wildlife Authority Ath. Club	DNS
	72	530	Siwa Kinga Moses	Uganda Wildlife Authority Ath. Club	DNS
	47	531	Toroitich Timothy	Uganda Wildlife Authority Ath. Club	DNS
	48	539	Acaye Francis	UPDF Athletics Club	DNS
	51	565	Cheptoek Shakim	UPDF Athletics Club	DNS
	52	572	Emokoi Daniel	UPDF Athletics Club	DNS
	53	575	Etiang Robert	UPDF Athletics Club	DNS
	55	579	Kiplimo Fred	UPDF Athletics Club	DNS
	59	601	Omeri Boniface	UPDF Athletics Club	DNS
	60	612	Ufoyrwoth Roggers	Zombo District Athletics Association	DNS



10000m Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	27	372	Chebet Abel	Uganda Police Athletics Club	28:22.5
2		619	Yeko Dismas	Ndejje University Athletics Club	28:33.0
3	10	149	Kibet Oscar	KCCA Athletics Club	28:33.5
4	39	531	Toroitich Timothy	Uganda Wildlife Authority Ath. Club	28:37.7
5	33	496	Somikwo Ben	Uganda Prisons Athletics Club	28:43.6
6	32	472	Kibet Kevin	Uganda Prisons Athletics Club	28:52.8
7	28	377	Chekwurui Mathew	Uganda Police Athletics Club	28:59.7
8	6	021	Tungwet Caleb	Arua District Athletics Association	29:05.3
9	26	369	Ayeko Thomas	Uganda Police Athletics Club	29:17.3
10	2	015	Kibet Titus	Arua District Athletics Association	29:34.8
11	25	368	Ayeko Nathan	Uganda Police Athletics Club	29:40.6
12	5	020	Somikwo Simon Chemengich	Arua District Athletics Association	29:43.9
13	9	147	Chemonges Leonard	KCCA Athletics Club	29:58.8
14	40	543	Andiema Allan	UPDF Athletics Club	30:04.5
15	22	354	Monisak Benard Brian	UCU Athletics Club	30:09.3
16	1	014	Cherop Eluid	Arua District Athletics Association	30:23.8
17	34	502	Chebures Ali	Uganda Wildlife Authority Ath. Club	30:24.0
18	47	606	Sande Fred	UPDF Athletics Club	30:25.6
19	43	564	Cheptoek Patrick	UPDF Athletics Club	30:47.1
	3	018	Kipyeko Laban	Arua District Athletics Association	DNF
	7	089	Chelangam Abraham	JOCDEF ATHLETICS CLUB	DNF
	8	110	Robert Kajuga	Kabale muncipal Athletics Ass,	DNF
	16	280	Marko Piyien	South Sudan	DNF
	19	342	Kiptoo Victor	UAFA Athletics Club	DNF
	35	511	Kateregga John	Uganda Wildlife Authority Ath. Club	DNF
		388	Cherop Sam Moi	Uganda Police Athletics Club	DNF
	37	514	Kiptoyek Alfred	Uganda Wildlife Authority Ath. Club	DNF
	45	582	Kirop Michael	UPDF Athletics Club	DNF
	4	019	Kwemoi Jaret	Arua District Athletics Association	DNS
	11	150	Kibet Soyekwo	KCCA Athletics Club	DNS
	12	152	Kiprop Moses	KCCA Athletics Club	DNS
	13	156	Bibyomumisho Mark	KIKOOKO ATH.CLUB	DNS
	14	159	Kasirivu Musa	KIU Athletics Club	DNS
	15	232	Nkalubo Reagan	Nampunge C. H. SCH. ATH. CLUB	DNS
	17	340	Kimtai Joshua	UAFA Athletics Club	DNS
	18	341	Kiprop Solomon	UAFA Athletics Club	DNS
	20	345	Niyonzima Oscar	UAFA Athletics Club	DNS



	21	349	Simion Puloo	UAFA Athletics Club	DNS
	23	356	Okello Frank	UCU Athletics Club	DNS
	24	366	Arapsodi Fred	Uganda Police Athletics Club	DNS
	29	407	Mande Isaac Kibet	Uganda Police Athletics Club	DNS
	30	408	Mangusho Joshua	Uganda Police Athletics Club	DNS
	31	470	Kibet Isaac	Uganda Prisons Athletics Club	DNS
	36	512	Kibet Moses	Uganda Wildlife Authority Ath. Club	DNS
	38	518	Kusuro Geoffrey	Uganda Wildlife Authority Ath. Club	DNS
	41	556	Chemonges Fredrick	UPDF Athletics Club	DNS
	42	562	Chepkorom Ezekiel	UPDF Athletics Club	DNS
	44	580	Kiplimo Isaac	UPDF Athletics Club	DNS
	46	588	Kwemoi Silas	UPDF Athletics Club	DNS
	48	611	Ucakuwon Jacob	Zombo District Athletics Association	DNS

4 X 100m Relay Men Final

Pos	Lane	Bib No.	Name	Affiliation	Time
1	3		Adome Pius	Uganda Police Athletics Club	41.43
			Obuto Solomon		
			Jagalo Joshua		
			Oija Fred		
2	2		Okello Dairus	Tuku Afrika Athletics Club	42.51
			Ojok Justine		
			Kwemoi Caleb		
			Laker Isaac		
3	6		Okello Charles	Ndejje University Athletics Club	42.85
			Yikii Jimmy		
			Layeng Erick Sibiranya		
			Odikor Andrew		
4	8		Ayiko Abel	Arua District Ath. Association	43.88
			Sawadi Twaha		
			Anguti Jimmy		
			Khalid Safi		



			Adupa Daniel		
5	9		Watmon Francis	Unity Athletics Club	44.34
			Goni Emmanuel		
			Toorach Stephen		
			Ambayo Fred		
6	4		Vvuba Herbert	Nampunge.C.H.SCH	45.30
			Lokenya Hussein Ibrahim		
			Tenywa Edreen		
			Ahaisibwe Francis		
7	10		Nyakahuma Daniel	Mountains of the Moon University	47.39
			Asaba Herbert		
			Tumusime Robert		
			Isabirye Musa		
	5		Aboda Emmanuel	Uganda Prisons Athletics Club	DQ
			Chanwengo Godfrey		
			Adupa Walter		

4x400m Men Relays

Pos	Lane	Bib No.	Full Names	Affiliation	
1	4		Oroma Williamson	Uganda Police Athletics Club	3:11.94
			Jagalo Joshua		
			Osuje Emmanuel		
			Adome Pius		
2	3		Adoli Haron	Uganda Prisons Athletics Club	3:12.77
			Isabirye Musa		
			Chanwengo Godfrey		
			Adupa Walter		
3	6		Onen Kennedy	Unity Athletics Club	3:15.29
			Adupa Daniel		
			Watmon Francis		
			Goni Emmanuel		
4	8		Lumutho Rajab	Uganda Wildlife Authority Ath. Club	3:22.82
			Opiny Leonard		
			Tom Dradiga		
			Etiau Rashid		



			Eragu Joseph		
5	2		Oweka Samuel Sadam	UPDF Athletics Club	3:23.34
			Oyuku Benson Leo		
			Nokrach Stephen		
			Layeng Erick		
6	1		Komakech Reagan Semi	Ndejje University Athletics Club	3:24.38
			Okayna Reagan		
			Apenyo Bekele		
			Khalid Safi		
7	5		Sawadi Twaha	Arua District Ath. Association	3:27.71
			Anguti Jimmy		
			Asiku Geoffrey		
			Tenywa Edreen		
8	7		Ambayo Fred	Nampunge.C.H.SCH	3:32.75
			Comboni Daniel		
			Ajaru Joshua		

Discus Men Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	21	493	Opiyo Oscar	Uganda Prisons Athletics Club	38.92
2	18	430	Wokorach Jacob	Uganda Police Athletics Club	37.10
3	20	487	Odong Martin	Uganda Prisons Athletics Club	35.95
4		415	Odong Baya	Uganda Police Athletics Club	35.16
5	19	485	Ocheng Moses Ginaro	Uganda Prisons Athletics Club	35.08
6		488	Ojara Denis	Uganda Prisons Athletics Club	34.20
7	22	522	Odongkara Patrick	Uganda Wildlife Authority Ath. Club	33.74
8	13	353	Lubangakene Gasper	UCU Athletics Club	33.05
9		482	Mwaka Johnson	Uganda Prisons Athletics Club	32.87
10	4	048	Kidega Jimmy	Gulu university Athletics Club	32.49
11	23	538	Abonga Denisco	UPDF Athletics Club	31.94
12	17	421	Oyet Richard	Uganda Police Athletics Club	31.26
13	6	124	Rutenta Allan	Kabarole District Ath.Association	30.37
14	24	599	Ojara Jackson Pop	UPDF Athletics Club	29.14



15	2	023	Afeku Gasper	Arua Municipal Ath. Association	28.22
16	8	236	Olara Amos	Nampunge C. H. SCH. ATH. CLUB	26.69
17		042	Onek Kenneth Paul	Gulu District Ath. Association	25.01
	1	004	Rubangakene Kennedy O	Agago District Ath. Association	DNS
	3	027	Asiku Geoffrey	Arua Municipal Ath. Association	DNS
	5	061	Ssemakula Reagan	Hared Jinja Athletics Club	DNS
	7	231	Nirwoth Aber Brian	Nampunge C. H. SCH. ATH. CLUB	DNS
		239	Oryanga Robinson Isaac	Nampunge C. H. SCH. ATH. CLUB	DNS
	9	243	Toolit Emmanuel	Nampunge C. H. SCH. ATH. CLUB	DNS
	10	296	Kipyeko Philip	Standard High Zana Ath.Club	DNS
	11	325	Otim Alexandra Ogoya	Tororo District Ath.Association	DNS
	12	327	Tumwebaze Winston	Tororo District Ath.Association	DNS
	14	360	Masisa Fred	Uganda Para Athletics	DNS
	15	395	Kibwota Patrick	Uganda Police Athletics Club	DNS
	16	414	Ocaya Brian	Uganda Police Athletics Club	DNS

Shotput Men Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	25	493	Opiyo Oscar	Uganda Prisons Athletics Club	13.09
2	29	595	Odokonyero Francis	UPDF Athletics Club	12.88
3	22	430	Wokorach Jacob	Uganda Police Athletics Club	12.82
4	24	487	Odong Martin	Uganda Prisons Athletics Club	12.56
5	23	485	Ocheng Moses Ginaro	Uganda Prisons Athletics Club	12.45
6	1	415	Odong Jakayo Baya	Uganda Police Athletics Club	12.08
7	21	421	Oyet Richard	Uganda Police Athletics Club	11.74
8	26	522	Odongkara Patrick	Uganda Wildlife Authority Ath. Club	11.58
9	30	599	Ojara Jackson Pop	UPDF Athletics Club	11.04
10	16	353	Lubangakene Gasper	UCU Athletics Club	10.87
11	8	124	Rutenta Allan	Kabarole Disrict Ath.Association	10.71
12	7	123	Ojok Walter	Kabarole Disrict Ath.Association	10.62
13	27	538	Abonga Denisco	UPDF Athletics Club	10.30
14	10	236	Olara Amos	Nampunge C. H. SCH. ATH. CLUB	9.92
15	17	358	Nyekolobo Gilbert	Uganda Airforce Athletics Club	9.39
16	2	023	Afeku Gasper	Arua Municipal Ath. Association	9.27
17	3	027	Asiku Geoffrey	Arua Municipal Ath. Association	9.00
18	11	243	Toolit Emmanuel	Nampunge C. H. SCH. ATH. CLUB	8.46
19	28	557	Chemonges Latif	UPDF Athletics Club	7.73
20	9	231	Nirwoth Aber Brian	Nampunge C. H. SCH. ATH. CLUB	6.86
	1	004	Rubangakene Kennedy O	Agago District Ath. Association	DNS
	4	048	Kidega Jimmy	Gulu university Athletics Club	DNS
	5	053	Otwal Mark	Gulu university Athletics Club	DNS



	6	061	Ssemakula Reagan	Hared Jinja Athletics Club	DNS
	12	296	Kipyeko Philip	Standard High Zana Ath.Club	DNS
	13	305	Kayo Kenneth	Tela Field Athletics Club	DNS
	14	325	Otim Alexandra Ogoya	Tororo District Ath.Association	DNS
	15	327	Tumwebaze Winston	Tororo District Ath.Association	DNS
	18	360	Masisa Fred	Uganda Para Athletics	DNS
	19	395	Kibwota Patrick	Uganda Police Athletics Club	DNS
	20	414	Ocaya Brian	Uganda Police Athletics Club	DNS

Long Jump Men Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	20	489	Okello Charles	Uganda Prisons Athletics Club	7.31
2	19	477	Komakech Moses	Uganda Prisons Athletics Club	7.15
3	11	253	Ayup Khoak Khor	Ndejje University Athletics Club	7.11
4	12	263	Yikii Jimmy	Ndejje University Athletics Club	6.95
5	23	597	Odongo Denish	UPDF Athletics Club	6.71
6	25	029	Ayiko Abel	Arua Municipal Ath. Association	6.55
7	18	419	Oroma Williamson	Uganda Police Athletics Club	6.40
8	17	418	Onen Geoffrey	Uganda Police Athletics Club	6.29
9	16	417	Oketayot Francis	Uganda Police Athletics Club	6.11
10	26	615	Ocaya David	Uganda Wildlife Authority Ath. Club	5.95
11	3	037	Odongtoo Isaac	Gombe s.s Athletics Club	5.92
12	4	042	Onok Kenneth Paul	Gulu Municipal Ath. Association	5.80
	21	494	Owor Charles Tonny	Uganda Prisons Athletics Club	NM
	2	001	Akera Michael	Agago District Ath. Association	DNS
	5	056	Pittek Isaac Henry	Gulu university Athletics Club	DNS
	6	145	Limo Brian	Kapchorwa District Ath.Association	DNS
	7	198	Nkamwesiga Emmanuel	Mbarara Municipal Ath.Association	DNS
	8	220	Lejoruku Solomon	Nampunge C. H. SCH. ATH. CLUB	DNS
	9	237	Olinga Haron	Nampunge C. H. SCH. ATH. CLUB	DNS
	10	238	Opio Eric	Nampunge C. H. SCH. ATH. CLUB	DNS
	13	306	Muheirwe Dick	Tela Field Athletics Club	DNS
	14	352	Cankura Robert	UCU Athletics Club	DNS
	15	415	Odong Jakayo Baya	Uganda Police Athletics Club	DNS
	22	532	Wabutwa Farid	Uganda Wildlife Authority Ath. Club	DNS
	24	598	Ogwal Norman	UPDF Athletics Club	DNS



High Jump Men Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	6	429	Wanume Yahaya	Uganda Police Athletics Club	1.80
2	2	535	Komakech Regan Semei	Unity Athletics Club	1.77
3	1	263	Yikii Jimmy	Ndejje University Athletics Club	1.75
4	4	303	Rackara Innocent Otim	Standard High Zana Ath.Club	1.75
5	7	492	Omoding James	Uganda Prisons Athletics Club	1.60
6		418	Onen Geoffrey	Uganda Police Athletics Club	1.60
	3	220	Lejoruku Solomon	Nampungge C. H. SCH. ATH. CLUB	NM
	5	371	Bongomin Fred	Uganda Police Athletics Club	NM

Triple Jump Men Final

Pos	Flight	Bib No.	Name	Affiliation	Distance
1	14	477	Komakech Moses	Uganda Prisons Athletics Club	15.06
2	11	253	Ayup Khoak Khor	Ndejje University Athletics Club	14.95
3	15	489	Okello Charles	Uganda Prisons Athletics Club	14.88
4	5	419	Oroma Williamson	Uganda Police Athletics Club	14.40
5	6	535	Komakech Regan Semei	Unity Athletics Club	13.93
6	13	418	Onen Geoffrey	Uganda Police Athletics Club	13.77
7	8	037	Odongtoo Isaac	Gombe s.s Athletics Club	13.25
	3	123	Ojok Walter	Kabarole Disrict Ath.Association	NM
	4	239	Oryanga Robinson Isaac	Nampungge C. H. SCH. ATH. CLUB	NM
	10	238	Opio Eric	Nampungge C. H. SCH. ATH. CLUB	NM
	1	032	Abwola Mark	Bull Athletics Club	DNS
	2	041	Okot Denish	Gulu District Ath. Association	DNS
	7	001	Akera Michael	Agago District Ath. Association	DNS
	9	056	Pittek Isaac Henry	Gulu university Athletics Club	DNS
	12	417	Oketayot Francis	Uganda Police Athletics Club	DNS

